

BENEDICTION

Tantum ergo Sacramentum

1 Tantum ergo Sacraméntum *Therefore such a great Sacrament let us venerate with bowed heads: and let the ancient teaching give way to the new rite: let faith supplement the incapacity of the senses.*
 Venerémur cernui:
 Et antíquum documéntum
 Novo cedat rítui:
 Præstet fides suppleméntum
 Sénsuum deféctui.

2 Genitóri, Genitóque *To the Begetter and to the Begotten praise and jubilation, salvation, honor, and virtue and also benediction let there be; to the One proceeding from both let there be an equal praising.*
 Laus et jubilátio,
 Salus, honor, virtus quoque
 Sit et benedíctio:
 Procedénti ab utróque
 Compar sit laudátio. Amen.

Versicle and Response

∇. Panem de cælo præstitísti eis. *You have given them bread from heaven.*

℞. Omne delectaméntum in se habéntem. *Having all sweetness within it.*

Closing hymn: Holy God

1 Holy God, we praise thy name;
 Lord of all, we bow before thee!
 All on earth thy scepter claim,
 All in heav'n above adore thee;
 Infinite thy vast domain,
 Everlasting is thy reign.

2 Hark! The loud celestial hymn
 Angel choirs above are raising,
 Cherubim and seraphim,
 In unceasing chorus praising;
 Fill the heav'ns with sweet accord:
 "Holy, holy, holy Lord."

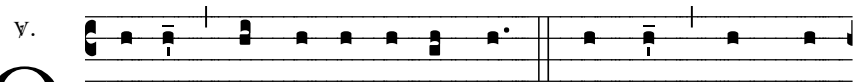
3 Holy Father, Holy Son,
 Holy Spirit, Three we name thee;
 While in essence only One,
 Undivided God we 'claim thee;
 And adoring, bend the knee,
 While we own the mystery.

VESPERS OF THE FIRST SUNDAY OF LENT

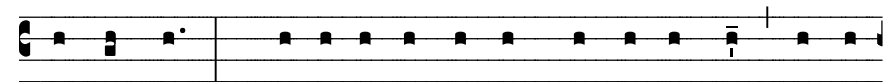
Weeks I of the Psalter

OPENING VERSICLE AND RESPONSE

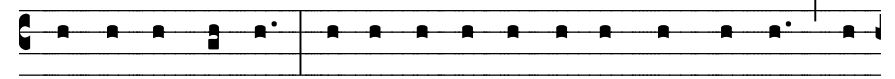
Please stand as the priest enters. All make the sign of the cross and bow at "Glory to the Father...Holy Spirit" (throughout).



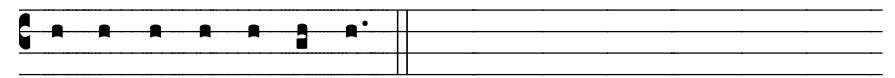
O God, come to my as-sis-tance. ℞. O Lord, make haste



to help me. *All: Glo-ry to the Fa-ther, and to the Son, and to*

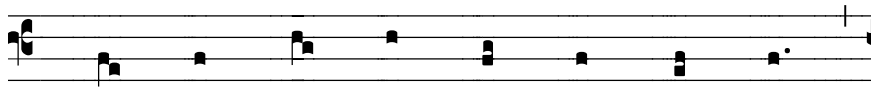


the Ho-ly Spir-it: as it was in the be-gin-ning, is now, and

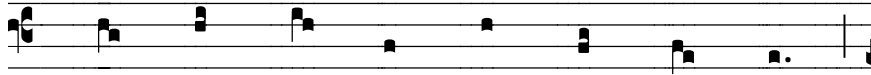


will be for ev-er. A-men.

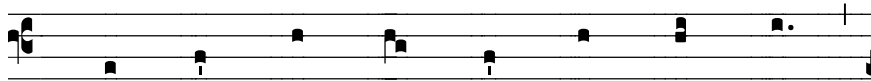
HYMN

*Audi benigne Conditor (Mode II)**The English Hymnal, 1933*

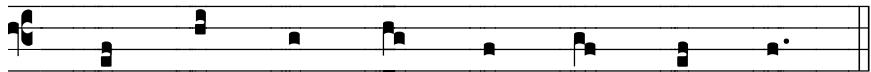
- 1 O kind Cre - a - tor, bow thine ear
 2 Our hearts are o - pen, Lord, to thee:
 3 Our sins are man - y, this we know;
 4 Give us the self - con - trol that springs
 5 We pray thee, Ho - ly Trin - i - ty,



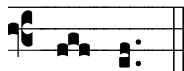
- 1 To mark the cry, to know the tear
 2 Thou know - est our in - fir - mi - ty;
 3 Spare us, good Lord, thy mer - cy show;
 4 From dis - ci - pline of out - ward things,
 5 One God, un - chang - ing U - ni - ty,



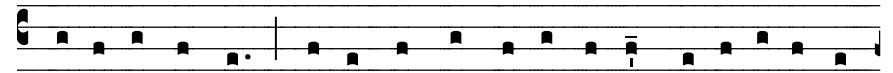
- 1 Be - fore thy throne of mer - cy spent
 2 Pour out on all who seek thy face
 3 And for the hon - or of thy name
 4 That fast - ing in - ward se - cret - ly
 5 That we from this our ab - sti - nence



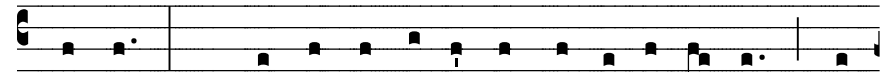
- 1 In this thy ho - ly fast of Lent.
 2 A - bun - dance of thy par - d'ning grace.
 3 Our faint - ing souls to life re - claim.
 4 The soul may pure - ly dwell with thee.
 5 May reap the fruits of pen - i - tence.



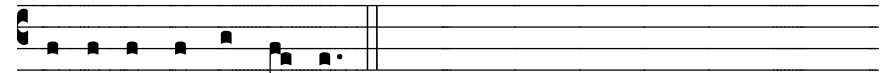
6 A- men.

Please be seated.

dé-bi-ta nostra, sic-ut et nos dimít-timus de-bi-tó-ri-bus



nostris; et ne nos indú-cas in tenta-ti-ó-nem; sed



lí-be-ra nos a ma-lo.

PRAYER

Grant, almighty God, through the yearly observances of holy Lent, that we may grow in understanding of the riches hidden in Christ and by worthy conduct pursue their effects.

Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever.

R. Amen.

INTERCESSIONS

All praise to God the Father who brought his chosen people to rebirth from imperishable seed through his eternal Word. Let us ask him as his children:

R. Lord, be gracious to your peo-|ple.

God of mercy, hear the prayers we offer for all your people, — may they hunger for your word more than for bodily food. **R.**

Give us a sincere and active love for our own nation and for all mankind, — may we work always to build a world of peace and goodness. **R.**

Look with love on all to be reborn in baptism,

— that they may be living stones in your temple of the Spirit. **R.**

You moved Nineveh to repentance by the preaching of Jonah, — in your mercy touch the hearts of sinners by the preaching of your word. **R.**

May the dying go in hope to meet Christ their judge, — may they rejoice for ever in the vision of your glory. **R.**

OUR FATHER

as at Mass

P A-ter nos-ter, qui es in cæ-lis: sancti-fi-cé-tur
 nomen tu-um; advé-ni-at regnum tu-um; fi-at vo-lún-
 tas tu-a, sic-ut in cæ-lo, et in terra. Panem nostrum
 co-ti-di-á-num da no-bis hó-di-e; et dimítte no-bis

PSALMODY

The Antiphon is sung by all at the beginning and end of the Psalm. The verses are sung antiphonally by alternating sides of the congregation (I & II).

I

Antiphon

W Or-ship your Lord and God; serve him a-lone.

PSALM 110, DIXIT DOMINUS (Weeks 1-4)

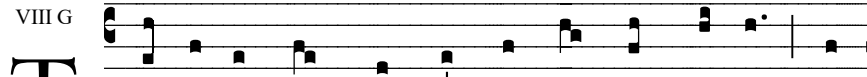
- I The Lord's revelation to my Master: "Sit |on my right: *
 your foes I will put |be-neath your feet."
- II The Lord will wield from Zion your scepter of |pow-er *
 rule in the midst |of all your foes.
- I A prince from the day of your † birth
 on the holy |moun-tains; *
 from the womb before the dawn I |be-got you.
- II The Lord has sworn an oath he will not † change.
 "You are a priest for |ev-er, *
 a priest like Melchi-|ze-dek of old."
- I The Master standing at your |right hand *
 will shatter kings in the day |of his great wrath.
- II He shall drink from the stream by the |way-side *
 and therefore he shall lift |up his head.
- I Glory to the Father, and |to the Son, *
 and to the Ho-|ly Spir-it:
- II as it was in the beginning, |is now, *
 and will be forev-|er. A-men. A.



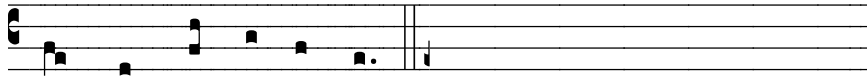
Antiphona. Wor-ship your Lord and God; serve him a-lone.

II

Antiphona



T His is the time when you can win God's fa-vor, the



day when you can be saved.

PSALM 114, IN EXITU ISRAEL (Week 1)



- I When Is-rael came forth from |**E**-gypt, *
Jacob's sons from an a-|li-en **peo**-ple,
II Judah became the Lord's |**tem**-ple, *
Israel be-|came his **king**-dom.

- I The sea fled |**at the** sight: *
the Jordan turned |back on **its** course,
II the mountains |**leapt like** rams *
and the |hills like **year-ling** sheep.

- I Why was it, sea, that |**you** fled, *
that you turned back, |Jor-dan, **on your** course?
II Mountains, that you |**leapt like** rams; *
- - - |hills, like **year-ling** sheep?

- I Tremble, O earth, be-|**fore the** Lord, *
in the presence of the |God of **Ja**-cob,

qui-a fecit mihi magna, qui |**pot-ens** est, * *the Almighty has done great things for me, and holy is his Name.*
et sanctum no-|men **e**-jus,

et mi-**sericórdia** eius in progénie
et pro-|**gé-ni-es** *
timénti-|bus **e**-um.

He has mercy on those who fear him in every generation.

Fe-cit poténtiam in bráchio |**su-o**, *
dispérsit supérbos
mente cor-|dis **su-i**;

He has shown the strength of his arm, he has scattered the proud in their conceit.

de-pó-suit poténtes de |**se**-de *
et exaltá-|vit **hú-mi**-les;

He has cast down the mighty from their thrones, and has lifted up the lowly.

e-su-riéntes implévit |**bo**-nis *
et dívites dimísit |in-**á**-nes.

He has filled the hungry with good things, and the rich he has sent away empty.

Sus-cé-pit Israel púerum |**su**-um, *
recordátus mise-|ri-**cór-di**-æ,

He has come to the help of his servant Israel for he has remembered his promise of mercy,

sic-ut locútus est ad patres |**no**-stros, *
Abraham et sémini eius |in **sæ**-cu-la.

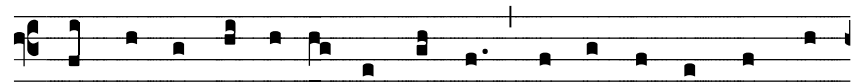
the promise he made to our fathers, to Abraham and his children for ever.

Gló-ri-a Patri, et |**Fí**-li-o, *
et Spíritu-|i **San**-cto.

Glory to the Father, and to the Son, and to the Holy Spirit:

Sic-ut erat in princípío,
et nunc, et |**sem**-per, *
et in sácula sáculó-|rum. **A**-men. Antiphona.

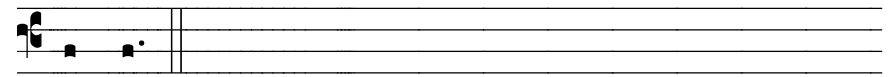
as it was in the beginning, is now, and will be for ever. Amen.



Antiphona. Watch o-ver us, e-ter-nal Sav-ior; do not let the cun-ning



temp-ter seize us. We place all our trust in your un-fail-



ing help.

GOSPEL CANTICLE

Please stand

Antiphon

II

W Atch o-ver us, e-ter-nal Sav-ior; do not let the
 cun-ning temp-ter seize us. We place all our trust in your
 un-fail-ing help.

*As the Magnificat is intoned, all make the sign of the cross.
 The Priest (or Cantor) sings the intonation up to the asterisk,
 then all sing the entire Magnificat.*

GOSPEL CANTICLE: MAGNIFICAT, (SIMPLE TONE) LUKE 1: 46–55

II

M Agní- fi-cat * á-ni-ma me- | a Dómi-num.
My soul proclaims the greatness of the Lord,

*

*et ex-sultávit spíritus |me-us **
 in Deo salvató-|re me-o,

my spír-it re-joices in God my
Sav-ior

qui-a respéxit humilitátem
 ancillæ |su-æ. *

for he has looked with favor on
his lowly servant. From this
day all generations will call
me blessed: cont.

Ecce enim ex hoc beátam me
 dicent omnes genera-|ti-ó-nes,

II who turns the rock in-|to a pool *
 and flint into a |spring of wa-ter.

I Glory to the Father, and |to the Son, *
 and to the |Ho-ly Spir-it:

II as it was in the beginning, |is now, *
 and will be for |ev-er. A-men. A.

A. This is the time when you can win God's fa-vor, the day
 when you can be saved.

III

Antiphon

If

N Ow we must go up to Je-ru- sa-lem where all that
 has been writ-ten a-bout the Son of Man will be ful-filled.

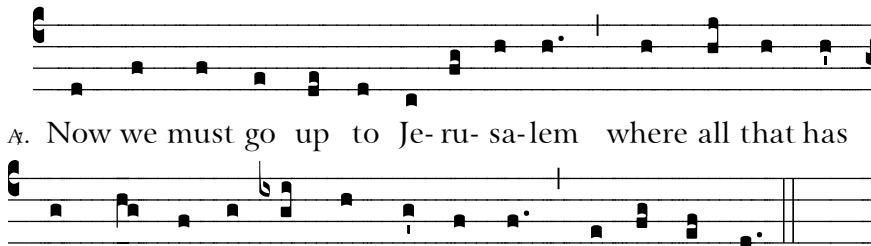
NEW TESTAMENT CANTICLE: EPHESIANS 1: 3–10

† *

I *Christ suf-fered* for † you,
 and left you |an ex-am-ple *
 to have you follow |in his foot-steps.

II He did no † wrong;
 no deceit was |**found** in his mouth. *
 When he was insulted, he re-|turned no in-sult.

- I When he was |**made** to **suf-fer**, *
he did not |coun-ter **with** threats.
- II Instead he de-|**liv-ered** him-**self** up *
to the One who |judg-es **just-ly**.
- I In |**his** own **bod-y** *
he brought your |sins to **the** cross,
- II so that all of us, dead to † sin,
could live in ac-|**cord** with **God's** will. *
By his |wounds you **were** healed.
- I Glory to the |**Fa-ther**, and **to** the Son, *
and to the |Ho-ly **Spir-it**:
- II as it was in the be-|**gin-ning**, **is** now, *
and will be for |ev-er. **A-men.** A.



A. Now we must go up to Je-ru- sa-lem where all that has



been writ-ten a-bout the Son of Man will be ful-filled.

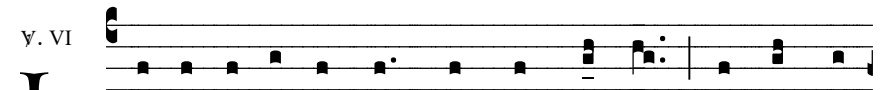
READING

1 Corinthians 9: 24-25

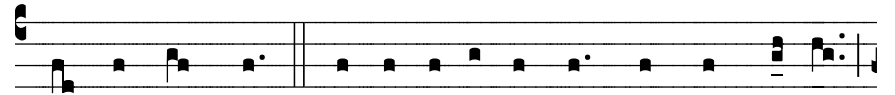
While all the runners in the stadium take part in the race, the award goes to one man. In that case, run so as to win! Athletes deny themselves all sorts of things. They do this to win a crown of leaves that withers, but we a crown that is imperishable.

RESPONSORY

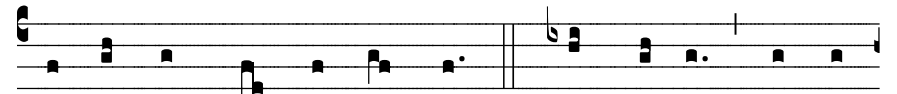
The cantor sings the V., and all make the response R.



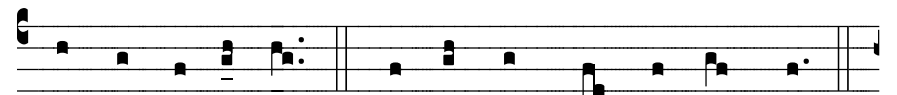
L Is-ten to us, O Lord, and have mer-cy, for we have



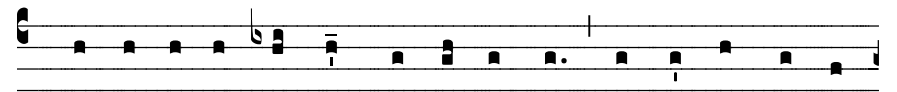
sinned a-**gainst** you. R. Lis-ten to us, O Lord, and have mer-cy,



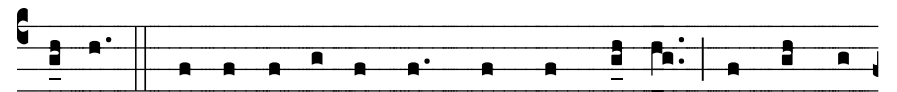
for we have sinned a-**gainst** you. V. Christ Je- sus, hear our



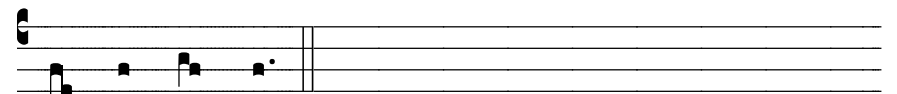
hum-ble pe- ti-tions. R. For we have sinned a-**gainst** you.



V. Glo- ry to the Fa-ther, and to the Son, and to the Ho- ly



Spir- it. R. Lis-ten to us, O Lord, and have mer-cy, for we have



sinned a-**gainst** you.