

In Festo Sanctissimi Corporis et Sanguinis Christi

Welcome to our celebration of the Traditional Latin Mass (Low Mass). Out of respect for our Lord in the Blessed Sacrament and other worshipers, please turn off cell phones and pagers. To facilitate your prayerful participation, Latin-English Missalettes are provided for your use. But today's Readings and Prayers **will be found in this tri-fold, or in your personal Missal**. You are invited to participate in the dialogue of the Mass by joining the altar servers in all the responses except for the Prayers at the Foot of the Altar. Your responses include the entire Pater noster as well as the triple Domine, non sum dignus just before the Communion to the laity.



Entrance: Alleluia! Sing to Jesus

HYFRYDOL

Al - le - lu - ia! sing to Je - sus! His the
Al - le - lu - ia! bread of an - gels, Thou on
Al - le - lu - ia! King e - ter - nal, Thee the

scep - ter, His the throne. Al - le - lu - ia! His the
earth our food, our stay; Al - le - lu - ia! here the
Lord of lords we own; Al - le - lu - ia! born of

tri - umph, His the vic - to - ry a - lone.
sin - ful flee to Thee from day to day:
Ma - ry, Earth Thy foot - stool, heav'n Thy throne:

Hark! the songs of peace - ful Zi - on thun - der
In - ter - ces - sor, Friend of sin - ners, Earth's Re -
Thou with - in the veil hast en - tered, robed in

like a might - y flood. Je - sus out of e - v'ry
deem - er, plead for me, Where the songs of all the
flesh our great High Priest; Thou on earth both priest and

na - tion has re - deemed us by His blood.
sin - less sweep a - cross the crys - tal sea.
vic - tim in the Eu - cha - ris - tic feast.

Introit: *Cibavit eos ex adipe frumenti*

✦ He fed them with the fat of wheat, alleluia;
and filled them with honey out of the rock, alleluia, alleluia, alleluia. (Ps. 80:17)
Rejoice in God our helper; sing aloud to the God of Jacob. (Ps. 80:2)
Glory be to the Father . . . He fed them . . .

Low Mass begins with Kyrie on p. 9 in the Missalette, and then continues here:

Opening Collect:

Let us pray: O God, who in a wonderful Sacrament hast left unto us the memorial of Thy Passion; grant, we beseech Thee, that we may so venerate the sacred mysteries of Thy Body and Blood as to experience continually within ourselves the fruit of Thy Redemption. Who livest and reignest with God the Father, in the Unity of the Holy Ghost, God world without end. **Amen.**

Epistle: I Cor. 11:23-29

Lesson from the first Epistle of Blessed Paul the Apostle to the Corinthians.

Brethren, I have received of the Lord, that which also I delivered to you, that the Lord Jesus, the same night in which He was betrayed, took bread, and giving thanks, broke, and said: Take ye and eat, this is My Body which shall be delivered for you; this do for the commemoration of Me. In like manner also the chalice, after He had supped, saying: This chalice is the new testament in My Blood; this do ye, as often as you shall drink, for the commemoration of Me. For as often as you shall eat this bread and drink this chalice, you shall show the death of the Lord until He come. Therefore whosoever shall eat this bread, or drink of the chalice of the Lord unworthily, shall be guilty of the Body and Blood of the Lord. But let a man prove himself; and so let him eat of that bread, and drink of the chalice. For he that eateth and drinketh unworthily, eateth and drinketh judgment to himself, not discerning the Body of the Lord.

Gradual: *Oculi omnium in te sperant*

The eyes of all hope in Thee, O Lord, and Thou givest them meat in due season. Thou openest Thy hand, and fillest every living creature with Thy blessing. (Ps. 144:15-16)

Alleluia: *Caro mea vere est cibus*

Alleluia, alleluia. My Flesh is meat indeed and My Blood is drink indeed: He that eateth My Flesh and drinketh My Blood, abideth in Me, and I in Him. (John. 6:56-57)

Sequence: *Lauda, Sion, Salvatorem*

- 1 Zion, lift thy voice and sing:
Praise thy Savior and thy King,
Praise with hymns thy Shepherd true.
- 2 All thou canst, do thou endeavor,
Yet thy praise can equal never
Such as merits thy great King.
- 3 See today before us laid
The living and life-giving Bread!
Theme for praise and joy profound!
- 4 The same which at the sacred board
Was, by our incarnate Lord,
Given to His Apostles round.
- 5 Let the praise by loud and high:
Sweet and tranquil be the joy
Felt today in every breast,
- 6 On this festival divine
Which records the origin
Of the glorious Eucharist.
- 7 On this table of the King,
Our new Paschal offering
Brings to end the olden rite.
- 8 Here, for empty shadows fled,
Is reality instead;
Here, instead of darkness, light.
- 9 His own act, at supper seated,
Christ ordained to be repeated,
In His memory divine;
- 10 Wherefore now, with adoration,
We, the Host of our salvation,
Consecrate from bread and wine,
- 11 Hear what holy Church maintaineth,
That the bread its substance changeth
Into Flesh, the wine to Blood.
- 12 Doth it pass thy comprehending?
Faith, the law of sight transcending
Leaps to things not understood,
- 13 Here beneath these signs are hidden
Priceless things, to sense forbidden
Signs, not things, are all we see.
- 14 Flesh from bread, and Blood from wine,
Yet is Christ in either sign,
All entire, confessed to be.
- 15 They, who of Him here partake,
Sever not, nor rend, nor break:
But, entire, their Lord receive,
Nor the less for others leave,
- 16 Whether one or thousands eat,
All receive the self-same meat,
Nor the less for others leave,
- 17 Both the wicked and the good
Eat of this celestial Food;
But with ends how opposite!
- 18 Here 'tis life: and there 'tis death:
The same, yet issuing to each
In a difference infinite.
- 19 Nor a single doubt retain,
When they break the Host in twain,
But that in each part remains
The signified remaining one
And the same for evermore.
- 20 Since the simple sign alone
Suffers change in state or form,
The signified remaining one
And the same for evermore.
- 21 Lo! upon the altar lies,
Hidden deep from human eyes,
Bread of Angels from the skies,
Made the food of mortal man;
- 22 Children's meat to dogs denied,
In old types presignified:
In the manna heaven-supplied
In Isaac, and the Paschal lamb.
- 23 Jesus! Shepherd of the sheep!
Thou Thy flock in safety keep,
Living Bread! Thy life supply:
Strengthen us, or else we die:
We may see Thee face to face. Amen. Alleluia.
- 24 Thou, who feedest us below!
Source of all we have or know!
Grant that with Thy Saints above,
Sitting at the feast of love,
We may see Thee face to face. Amen. Alleluia.

Gospel: John 6:56-59

✦ Continuation of the holy Gospel according to John.

At that time, Jesus said to the multitudes of the Jews: My Flesh is meat indeed, and My Blood is drink indeed. He that eateth My Flesh, and drinketh My Blood, abideth in Me, and I in him. As the living Father hath sent Me, and I live by the Father, so he that eateth Me, the same also shall live by Me. This is the bread that came down from heaven. Not as your fathers did eat manna and are dead. He that eateth this bread shall live for ever.

Sermon:

The Mass continues with Credo on p. 15 in the Missalette.



Offertory Verse: *Sacerdotes Domini incensum*

The priests of the Lord offer incense and loaves to God, and therefore they shall be holy to their God, and shall not defile His Name, alleluia. (Lev. 21:6)

Beginning with the Offertory, the priest prays in a subdued voice.

You can participate by singing or by silently praying the Offertory Prayers, which begin on p. 17 of the Missalette. The Mass then continues with the Secret below.

Offertory: Lord, Accept the Gifts We Offer

ST. THOMAS

Lord, ac - cept the gifts we of - fer At this Eu - cha -
May our souls be pure and spot - less As the Host of
Take our gifts, Al - might - y Fa - ther, Liv - ing God, e -

ris - tic Feast. Bread and wine to be trans-formed now
wheat so fine; May all stain of sin be crushed out,
ter - nal, true; Which we give through Christ, our Sav - ior,

Through the ac - tion of thy priest. Take us, too, O
Like the grape that forms the wine, As we, too, be -
Plead - ing here for us a - new. Grant sal - va - tion

Lord, trans - form us; Be Thy grace in us in - creased.
come par - tak - ers In this Sac - ri - fice di - vine.
to all pres - ent And our faith and love re - new.

Secret:

Let us pray: Graciously bestow on Thy Church, we beseech Thee, O Lord, the gifts of unity and peace, which are mystically shown forth in the gifts now offered. Through our Lord Jesus Christ, Thy Son, who liveth and reigneth with Thee in the unity of the same Holy Ghost, God, world without end. **Amen.**

Preface: (Common)

It is truly meet and just, right and for our salvation, that we should at all times, and in all places, give thanks unto Thee, holy Lord, Father almighty, eternal God: through Christ our Lord: through Whom Angels praise Thy Majesty, Dominations worship, Powers stand in awe: the Heavens and the hosts of heaven with blessed Seraphim unite, exult, and celebrate; and we entreat that Thou wouldst bid our voices also to be heard with theirs, singing with lowly praise:

The Mass continues with Sanctus on p. 27 in the Missalette.

At the time for Holy Communion, Catholics in the state of grace should approach in two lines by the center aisle and kneel before the Communion rail. As a part of the Tridentine Rite only the Priest may touch the Body and Blood of Our Lord, therefore Holy Communion is not to be received in the hand. It is best to keep your hands below the top of the railing. As people receive Holy Communion, they should rise and return to their pews by the side aisles. Those behind them should immediately fill in the spaces at the Communion rail. Anyone having difficulty with kneeling may stand at the rail to receive Holy Communion.

Communion: To Thee, O Gracious Father THAXTED

To Thee, O gra - cious Fa - ther, we lift our
 To thee, O Christ our Sa - vior, we come for
 To Thee, O Ho - ly Spir - it, we whis - per
 From Thee, O Tri - une God - head, sal - va - tion

lov - ing hearts; To us the Bread of Heav - en e -
 sav - ing grace; We see how ten - der love is, by
 our de - sire; Our lives are emp - ty ves - sels: Lord,
 is come down; A - tone - ment now is giv - en, man -

ter - nal life im - parts. We thank Thee for Thy
 look - ing on Thy face. Keep us from all things
 fill them with Thy fire. Make us Thy faith - ful
 kind re - ceives his crown. In Sac - ra - ment tre -

fa - vor that marks us as Thine own; Lord,
 hurt - ful by the pow - er of Thy Cross; And
 peo - ple who seek to do Thy will; Give
 men - dous we touch e - ter - ni - ty; We

keep us ev - er faith - ful, who kneel be - fore Thy
 help us to re - mem - ber our gain comes from Thy
 us Thy gifts of pow - er, our emp - ty hearts to
 love Thee, God our Sav - ior: Thou art our des - ti -

throne. What love Thou hast be - stowed on us, a
 loss. What heav'n - ly Food is ours, Lord, this
 fill. What peace that pas - ses ev' - ry thought, that
 ny. O Fa - ther, Son, and Ho - ly Ghost, our

love which makes us free! It cleans - es us from
 Food which makes us free! It fills our hearts and
 peace which makes us free! It ban - ish - es each
 faith shall nev - er cease! In Thee we have e -

ev - 'ry sin, and keeps us close to Thee.
 makes us whole, and keeps us close to Thee.
 doubt and fear, and keeps us close to Thee.
 ter - nal life, and nev - er - end - ing peace.

Text: Rev. Christopher Phillips
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Communion Verse: *Quotiescúmque manducábitis*

As often as you shall eat this Bread, and drink the Chalice, you shall show the death of the Lord, until He come: Therefore whosoever shall eat this Bread or drink the Chalice of the Lord unworthily, shall be guilty of the Body and Blood of the Lord, alleluia. (1 Cor. 11:26-27)

Postcommunion:

Let us pray: Make us, we beseech Thee, O Lord, to be filled with the eternal enjoyment of Thy Divinity, which is prefigured by the reception in this life of Thy precious Body and Blood. Who livest and reignest with God the Father, in the Unity of the Holy Ghost, God, world without end. **Amen.**

The Mass concludes with the *Last Gospel* on p. 49 in the Missalette.



Recessional: Eternal Father, Strong to Save MELITA

E - ter - nal Fa - ther, strong to save, Whose arm hath bound the
 O Christ, the Lord of hill and plain O'er which our traf - fic
 O Spir - it, whom the Fa - ther sent To spread a - broad the
 O Tri - ni - ty of love and power! Our fam' - ly shield in

rest - less wave, Who bidd'st the might - y o - cean deep Its
 runs a - main By moun - tain pass or val - ley low; Wher -
 fir - ma - ment; O Wind of Heav - en, by Thy might Save
 dan - ger's hour; From rock and tem - pest, fire and foe, Pro -

own ap - point - ed lim - its keep, O hear us when we
 ev - er, Lord, Thy breth - ren go, Pro - tect them by Thy
 all who dare the ea - gle's flight, And keep them by Thy
 tect us where - so - e'r we go; Thus ev - er - more shall

cry to thee For those in per - il on the sea!
 guard - ing hand From ev - 'ry per - il on the land.
 watch - ful care From ev - 'ry per - il in the air.
 rise to Thee Glad praise from air and land and sea.

Postlude:

Stella Maris Roman Catholic Church

Sullivan's Island, South Carolina

Diocese Carolopolitana

Rev. Msgr. Lawrence B. McInerny, JCL, *Pastor*

Rev. Antony Gaspar, *Parochial Vicar*

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St. John the Baptist Latin Mass Choir

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Stella Maris

Roman Catholic Church



External Solemnity of the

Most Holy Body & Blood of Christ

Traditional Latin Mass

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