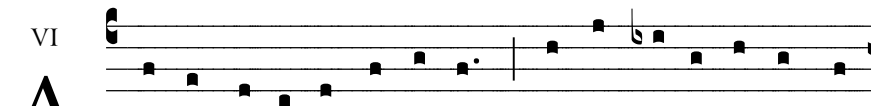


DISMISSAL

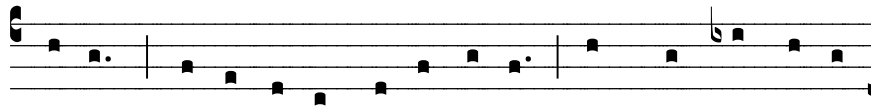


℣. Let us bless the Lord. ℞. Thanks be to God.

Ad libitum: Antiphon to the Blessed Virgin Mary, during Lent



VI
A - ve Re-gí-na cæ-ló-rum, * A-ve Dómi-na Ange-



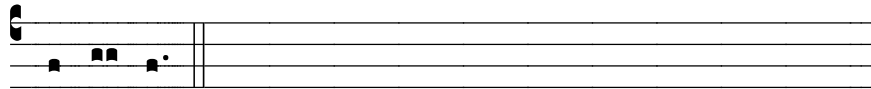
ló-rum: Salve ra-dix, salve porta, Ex qua mundo lux



est orta: Gaude Virgo glo-ri- ó-sa, Su-per omnes spe-ci-



ó-sa: Va-le, o valde de-có-ra, Et pro no-bis Christum



ex-ó- ra.

Hail, Queen of heaven, hail Lady of the angels. Hail root and gate from which the Light of the world was born. Rejoice glorious Virgin, fairest of all. Fare thee well, most beautiful, and pray for us to Christ.

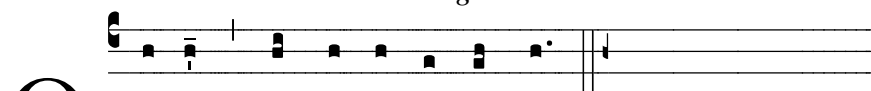
SUNDAY EVENING PRAYER DURING LENT

SUNDAY EVENING PRAYER DURING LENT

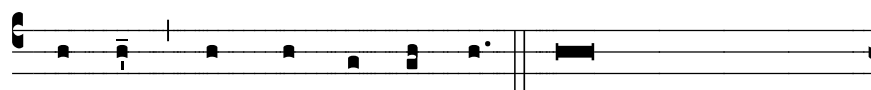
Music for the antiphons © 2015 by Richard Rice.
 Text taken from *Christian Prayer: The Liturgy of the Hours*,
 © 1976 by the Daughters of St. Paul.
 Translation of the hymn taken from *The English Hymnal*,
 © 1933 by Oxford University Press.
 Prayers taken from *The Roman Missal*,
 © 2010 International Commission on English in the Liturgy.

OPENING VERSICLE AND RESPONSE

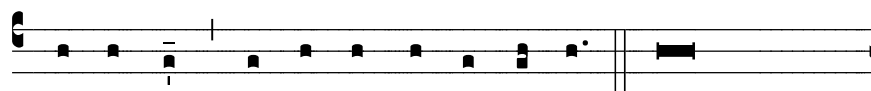
all make the sign of the cross



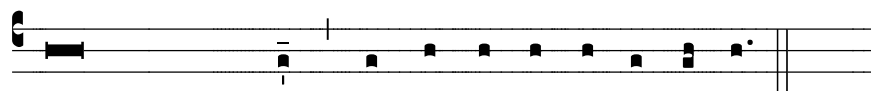
O God, come to my as-sis-tance.



R. O Lord, make haste to help me. Glory to the Father, and



to the Son, and to the Ho-ly Spir-it: as it was in the



be-gin-ning, is now, and will be for ev-er. A-men.

[NB: The Gloria Patri is sung by all.]

Second Sunday of Lent:

O God, who have commanded us to listen to your beloved Son, be pleased, we pray, to nourish us inwardly by your word, that, with spiritual sight made pure, we may rejoice to behold your glory. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. R. Amen.

Third Sunday of Lent:

O God, author of every mercy and of all goodness, who in fasting, prayer and almsgiving have shown us a remedy for sin, look graciously on this confession of our lowliness, that we, who are bowed down by our conscience, may always be lifted up by your mercy. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. R. Amen.

Fourth Sunday of Lent:

O God, who through your Word reconcile the human race to yourself in a wonderful way, grant, we pray, that with prompt devotion and eager faith the Christian people may hasten toward the solemn celebrations to come. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. R. Amen.

Fifth Sunday of Lent:

By your help, we beseech you, Lord our God, may we walk eagerly in that same charity with which, out of love for the world, your Son handed himself over to death. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. R. Amen.

Palm Sunday:

Almighty ever-living God, who as an example of humility for the human race to follow caused our Savior to take flesh and submit to the Cross, graciously grant that we may heed his lesson of patient suffering and so merit a share in his Resurrection. Who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. R. Amen.

INTERCESSIONS

Weeks 1–5: R. Lord, be gracious to your people.

Palm Sunday: R. Sanctify your people, redeemed by your blood.

OUR FATHER (PATER NOSTER)

as at Mass, or using the monastic tone:

O Ur Fa-ther, who art in heav-en, hal-low'd be thy
name. Thy king-dom come. Thy will be done on earth, as
it is in heav-en. Give us this day our dai-ly bread, and
for-give us our tres-pass-es, as we for-give those who tres-
pass a-against us, and lead us not in-to temp-ta-tion, but
de-liv-er us from e- vil.

PRAYERS

from *The Roman Missal 2010*

First Sunday of Lent:

Grant, almighty God, through the yearly observances of holy Lent, that we may grow in understanding of the riches hidden in Christ and by worthy conduct pursue their effects. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. R. Amen.

HYMN

Audi benigne Conditor (Mode II)

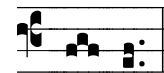
The English Hymnal, 1933

1 O kind Cre - a - tor, bow thine ear
2 Our hearts are o - pen, Lord, to thee:
3 Our sins are man - y, this we know;
4 Give us the self - con - trol that springs
5 We pray thee, Ho - ly Trin - i - ty,

1 To mark the cry, to know the tear
2 Thou know - est our in - fir - mi - ty;
3 Spare us, good Lord, thy mer - cy show;
4 From dis - ci - pline of out - ward things,
5 One God, un - chang - ing U - ni - ty,

1 Be - fore thy throne of mer - cy spent
2 Pour out on all who seek thy face
3 And for the hon - or of thy name
4 That fast - ing in - ward se - cret - ly
5 That we from this our ab - sti - nence

1 In this thy ho - ly fast of Lent.
2 A - bun - dance of thy par - doning grace.
3 Our faint - ing souls to life re - claim.
4 The soul may pure - ly dwell with thee.
5 May reap the fruits of pen - i - tence.



*Palm Sunday hymn: Vexilla Regis prodeunt
(The Royal Banners Forward Go)*

6 A-men.

Another Lenten or Passiontide hymn may be used

PSALM 1

Antiphon 1, Week 1

VII
W Or-ship your Lord and God; serve him a-lone.

Antiphon 1, Week 2

VII
I N ho-ly splen-dor the Lord will send forth your
 might-y scep-ter from Zi- on.

Antiphon 1, Week 3

VII
L Ord, all-pow'r-ful King, free us for the sake of your
 name. Give us time to turn from our sins.

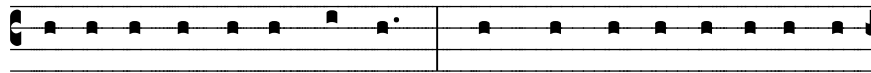
Antiphon 1, Week 4

VII
G Od has ap-point-ed Christ to be the judge of the
 liv-ing and the dead.

Antiphon 1, Week 5

VII
A S the ser-pent was lift-ed up in the des-ert, so the
 Son of Man must be lift-ed up.

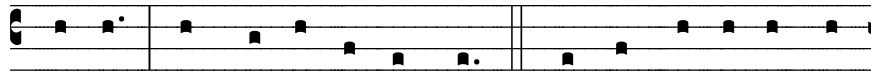
mem-bered his prom-|ise of mer-cy, 9. the prom-ise he made to
 our |fa-thers, to A-bra-ham and his chil-|dren for ev-er.
 10. Glo-ry to the Fa-ther, and |to the Son, and to the |Ho-ly
 Spir-it: 11. as it was in the be-gin-ning, | is now, and will be
 for- | ev-er. A-men. A.



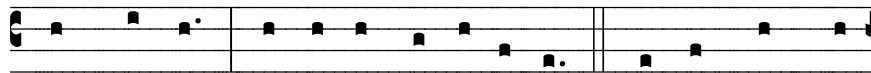
fa-vor on his low-ly | ser-vant. From this day all gen-er- a-tions



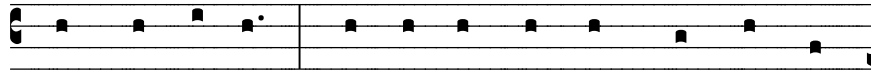
will | call me bless-ed: 3. the Al-might-y has done great | things



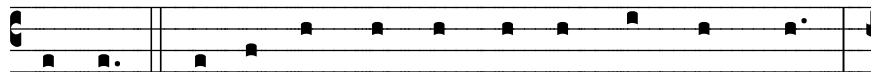
for me, and | ho- ly is his Name. 4. He has mer-cy on those



who | fear him in eve-ry | gen-er- a- tion. 5. He has shown the



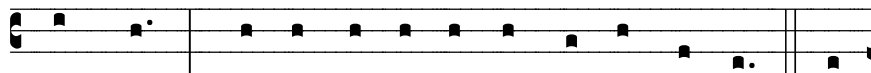
strength of | his arm, he has scat-tered the | proud in their



con-ceit. 6. He has cast down the might-y | from their thrones,



and has lift-ed | up the low-ly. 7. He has filled the hun-gry with



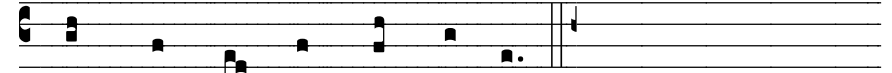
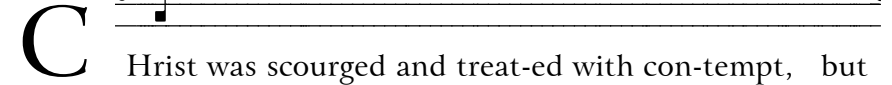
| good things, and the rich he has sent | a- way emp-ty. 8. He



has come to the help of his ser-vant | Is- ra- el for he has re-

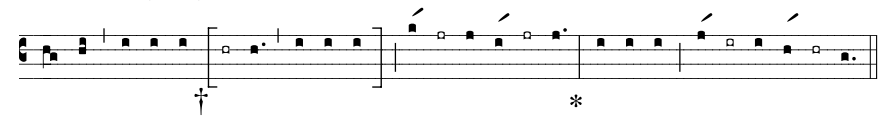
Antiphon I, Palm Sunday

VII



God's right hand has raised him up.

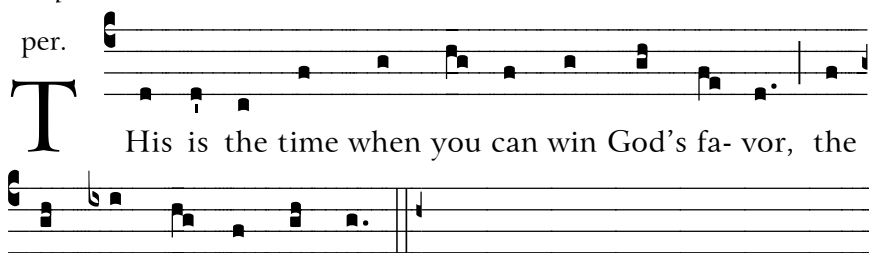
PSALM 110(109), DIXIT DOMINUS



- 1 *The Lord's* revelation to
my Master: | "Sit on **my** right: *
your foes I will | **put** be-neath *your* feet."
- 2 The Lord will wield
from Zion your | **scep-ter of** pow'r *
rule in the | **midst** of **all** *your* foes.
- 3 A prince from the day
of your birth on the | **ho-ly moun-tains**; *
from the womb before the dawn | **I be-got** you.
- 4 The Lord has sworn an oath he will not † change.
"You are a | **priest** for **ev-er**, *
a priest like Mel- | **chi-ze-dek** of old."
- 5 The Master standing | **at** your **right** hand *
will shatter kings in the | **day** of *his* **great** wrath.
- 7 He shall drink from the | **stream** *by* the **way-side** *
and therefore he shall | **lift** up **his** head.
- 8 Glory to the | **Fa-ther**, and **to** *the* Son, *
and to the | **Ho-ly Spir-it**:
- 9 as it was in the be- | **gin-ning**, **is** now, *
and will be for- | **ev-er. A-men. A.**

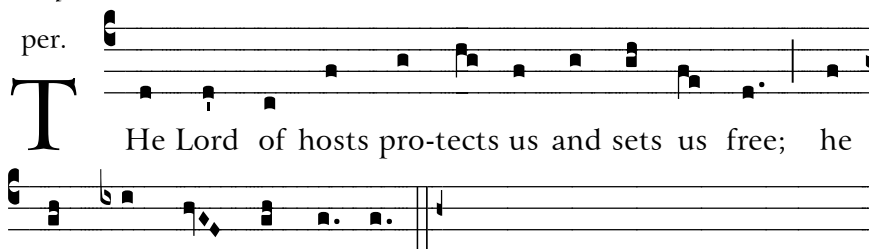
PSALM 2, WEEKS 1 AND 5

Antiphon 2, Week 1



day when you can be saved.

Antiphon 2, Week 5



guides and saves his peo-ple.

PSALM 114(113), IN EXITU



1 *When* Israel | came forth from E-gypt, *

Jacob's sons from an ali- | en **peo-ple**,

2 Judah | be-came the Lord's **tem-ple**, *

Israel became | his **king-dom**.

3 - - | The **sea** fled at the sight: *

the Jordan turned back | on **its course**,

4 - - | the **moun-tains leapt like** rams *

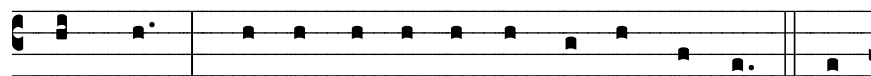
and the hills | like **year-ling sheep**.

5 Why was | it, **sea**, that **you** fled, *

that you turned back, Jor- | dan, **on your course**?

6 Moun- | tains, **that** you **leapt like** rams, *

hills, | like **year-ling sheep**?



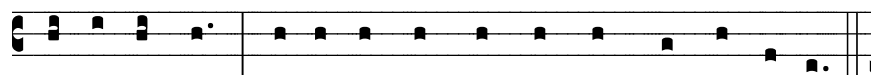
good things, and the rich he has sent | a- way emp-ty. 8. He



has come to the help of | his ser-vant Is- ra- el for he has re-



mem-bered his prom- | ise of mer-cy, 9. the prom-ise he | made



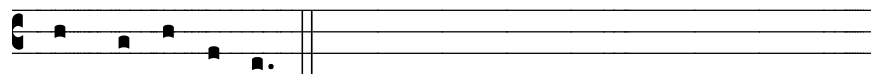
to our fa-thers, to A-bra-ham and his chil- | dren for ev- er.



10. Glo- ry to the | Fa-ther, and to the Son, and to the | Ho- ly



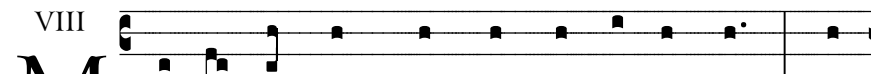
Spir- it: 11. as it was in the | be- gin-ning, is now, and will be



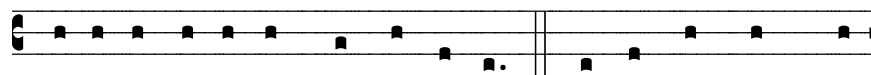
for- | ev- er. A-men. A.

Magnificat, Simple Tone

Luke 1: 46-55



MY soul pro-claims | the great-ness of the Lord, * my



spir- it re-joic-es in | God my Sa- vior 2. for he has looked with

Magnificat, Solemn Tone

Luke 1: 46-55


VIII
MY soul pro-claims | the great-ness of the Lord, * my
 spir-it re-joic-es in | God my Sa-vior 2. for he has looked with
 fa-vor on | his low-ly ser-vant. From this day all gen-er-a-
 tions will | call me bless-ed: 3. the Al-might-y | has done great
 things for me, and | ho-ly is his Name. 4. He has mer-cy | on
 those who fear him in eve-ry | gen-er-a-tion. 5. He has shown
 | the strength of his arm, he has scat-tered the | proud in their
 con-ceit. 6. He has cast down | the might-y from their thrones,
 and has lift-ed | up the low-ly. 7. He has filled the | hun-gry with

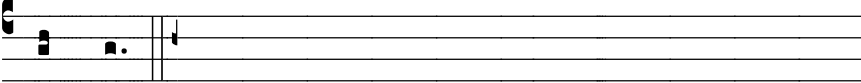
(Psalm 114 cont.)

- 7 Tremble, | O **earth**, be-**fore** *the* Lord, *
 in the presence of the God | of **Ja-cob**,
 8 who turns | the **rock** in-**to** a pool *
 and flint into a spring | of **wa-ter**.
 9 Glory to | the **Fa-ther**, and **to** *the* Son, *
 and to the Ho-ly **Spir-it**:
 10 as it was in the | be-**gin**-ning, **is** now, *
 and will be forev-|er. **A-men**. *A.*

PSALM 2, WEEK 2 AND PALM SUNDAY

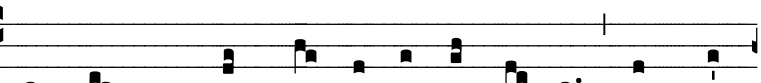
Antiphon 2, Week 2


per. 

WE wor-ship the one true God who made heav-en


and earth.

Antiphon 2, Palm Sunday

per. 

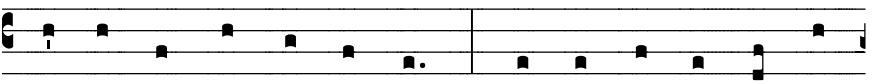
THe blood of Christ wash-es a-way our sins and makes


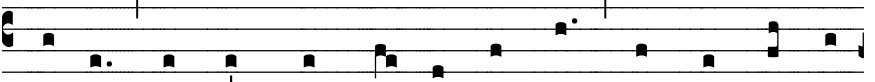
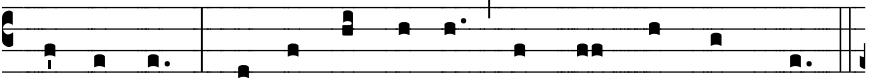
us worth-y to serve the liv-ing God.

PSALM 115(113B), NON NOBIS DOMINE

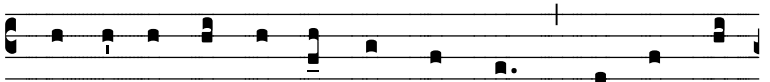


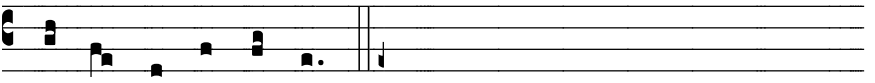
- 1 - - - Not | to **us**, Lord, **not** to us, *
 but to your name give | the **glo-ry**
 2 for the sake of | your **love** and **your** truth, *
 lest the heathen say: "Where | is **their** God?"
 3 But our God | is **in** the **heav**-ens; *
 he does whatev-|er **he** wills.
 4 Their idols | are **sil**-ver **and** gold, *
 the work | of **hu**-man hands.
 5 They | have **mouths** *but* they **can-not** speak; *
 they have eyes but | they **can-not** see;
 6 they | have **ears** *but* they **can-not** hear; *
 they have nostrils but | they **can-not** smell.



ev-ery-thing I have is yours. But we had to feast and

 re-joice, be-cause your broth-er was dead and has come to

 life a- gain; he was lost to us and now has been found.

Antiphon, 5th Sunday of Lent

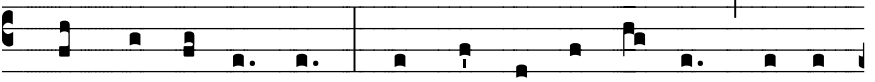
VIII 

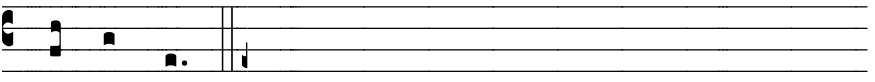
WHen I am lift-ed up from the earth, I will draw


all peo-ple to my-self.

Antiphon, Palm Sunday

VIII 

IT is writ-ten: I will strike the shep-herd and his

 flock shall be scat-tered. But when I have ris- en, I will

 go be-fore you in- to Gal- i- lee. There you shall see me,

 says the Lord.

[Canticle next page]

GOSPEL CANTICLE (MAGNIFICAT)

Antiphon, 1st Sunday of Lent

VIII
W Atch o- ver us, e- ter- nal Sa- vior; do not let the
cun-ning temp-ter seize us. We place all our trust in your
un- fail- ing help.

Antiphon, 2nd Sunday of Lent

VIII
T Ell no one a- bout the vi- sion you have seen un- til
the Son of Man has ris- en from the dead.

Antiphon, 3rd Sunday of Lent

VIII
W Ho- ev- er drinks the wa- ter that I shall give will
nev- er be thirst-y a- gain, says the Lord.

Antiphon, 4th Sunday of Lent

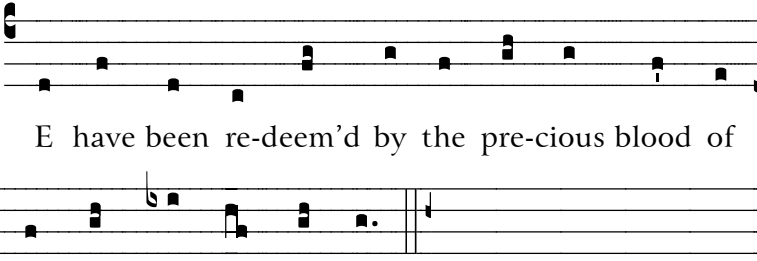
VIII
M Y son, you have been with me all the time and

(Psalm 115 cont.)

- 7 With their hands they can- † *not* feel;
with | their **feet** they **can-not** walk. *
- No sound comes | from **their throats**.
8 Their makers | will **come to** be **like** them
and so will all | who **trust in them**.
- 9 Sons of Isra- | el, **trust in the Lord**; *
he is their help | and **their shield**.
10 Sons of Aa- | ron, **trust in the Lord**; *
he is their help | and **their shield**.
- 11 You who fear | him, **trust in the Lord**; *
he is their help | and **their shield**.
12 He remembers us, and he will bless † us;
he will bless | the **sons of Is-ra-el**. *
He will bless the sons | of **Aa-ron**.
- 13 The Lord | will **bless those** who **fear** him, *
the little no less | than **the great**:
14 to you may | the **Lord** grant **in-crease**, *
to you and all | your **chil-dren**.
- 15 May you | be **bless'd** by **the Lord**, *
the maker of heav- | en and **earth**.
16 The heavens | be-**long to the Lord** *
but the earth he has giv- | en to **men**.
- 17 - - - | The **dead shall** not **praise the** Lord, *
nor those who go down into | the **si-lence**.
18 But we | who **live** bless **the Lord** *
now and for e- | ver. **A-men**.
- 19 Glory to | the **Fa-ther**, and to **the Son**, *
and to the Ho- | ly **Spir-it**:
20 as it was in the | be-**gin-ning, is now**, *
and will be forev- | er. **A-men**. A.

PSALM 2, WEEK 3

Antiphon 2, Week 3

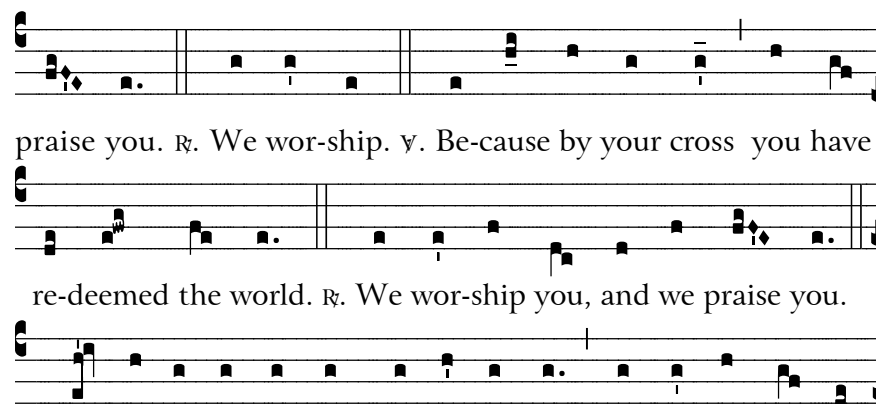
per. 

WE have been re-deem'd by the pre-cious blood of
 Christ, the lamb with-out blem-ish.

PSALM 111(110), CONFITEBOR



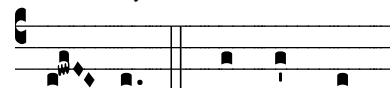
- 1 I will thank | the **Lord** with **all** *my* heart *
 in the meeting of the just and their | as-**sem-bly**.
- 2 Great are | the **works** of the Lord; *
 to be pondered by all | who **love** them.
- 3 Majestic | and **glo-rious** **his** work, *
 his justice stands firm | for **ev-er**.
- 4 He makes us | re-**mem-ber** his **won-ders**. *
 The Lord is compas-| sion **and** love.
- 5 He gives food | to **those** who **fear** him; *
 keeps his covenant ev-| er **in** mind.
- 6 He has shown | his **might** to his **peo-ple**
 by giving them the lands of | the **na-tions**.
- 7 His works | are **jus-tice** **and** truth: *
 his precepts are all | of **them** sure,
- 8 standing firm | for **ev-er** and **ev-er**:
 they are made in upright-| ness **and** truth.
- 9 He has sent deliverance to his peo-**ple**
 and established his cov-| e-**nant** for **ev-er**. *
 Holy his name, | to **be** feared.



praise you. R. We wor-ship. V. Be-cause by your cross you have

re-deemed the world. R. We wor-ship you, and we praise you.

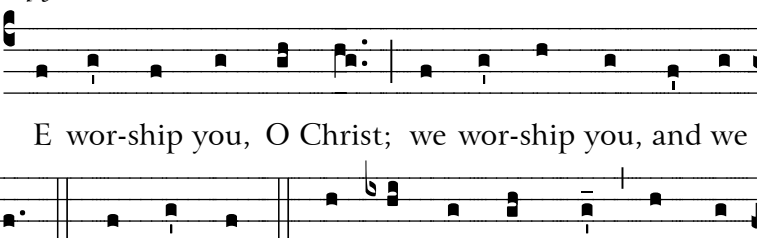
V. Glo- ry to the Fa-ther, and to the Son, and to the Ho- ly



Spir- it. R. We wor-ship.

[NB: Traditionally, the Gloria Patri
 is omitted during Passiontide.]

or, more simply:

VI 

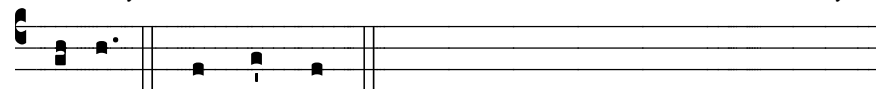
WE wor-ship you, O Christ; we wor-ship you, and we

praise you. R. We wor-ship. V. Be-cause by your cross you have

re-deemed the world. R. We wor-ship you, and we praise you.



V. Glo- ry to the Fa-ther, and to the Son, and to the Ho- ly



Spir- it. R. We wor-ship.

or, more simply:

VI

L Is-ten to us, O Lord, and have mer-cy, for we have

sinned a- gainst you. R. Lis-ten. V. Christ Je- sus, hear our

hum-ble pe- ti-tions. R. For we have sinned a-against you.

V. Glo- ry to the Fa-ther, and to the Son, and to the Ho- ly

Spir- it. R. Lis-ten.

READING AND RESPONSORY, PALM SUNDAY

Acts 13: 26–30

My brothers, it was to us that this message of salvation was sent forth. The inhabitants of Jerusalem and their rulers failed to recognize him, and in condemning him they fulfilled the words of the prophets which we read sabbath after sabbath. Even though they found no charge against him which deserved death, they begged Pilate to have him executed. Once they had thus brought about all that had been written of him, they took him down from the tree and laid him in a tomb. Yet God raised him from the dead.

IV

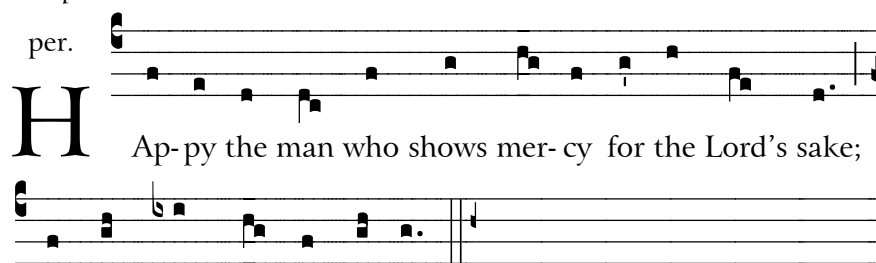
WE wor-ship you, O Christ; we wor-ship you, and we

(Psalm 111 cont.)

- 10 To fear the Lord is the first stage of wis-**dom**;
all who do | so **prove** them-**selves** wise. *
His praise shall last | for **ev-er**!
- 11 Glory to | the **Fa-ther**, and **to** *the* Son, *
and to the Ho-|ly **Spir-it**:
- 12 as it was in the | be-**gin**-ning, **is** now, *
and will be forev-|er. **A-men**. A.

PSALM 2, WEEK 4

Antiphon 2, Week 4



he will stand firm for ev-er.

PSALM 112(111), BEATUS VIR



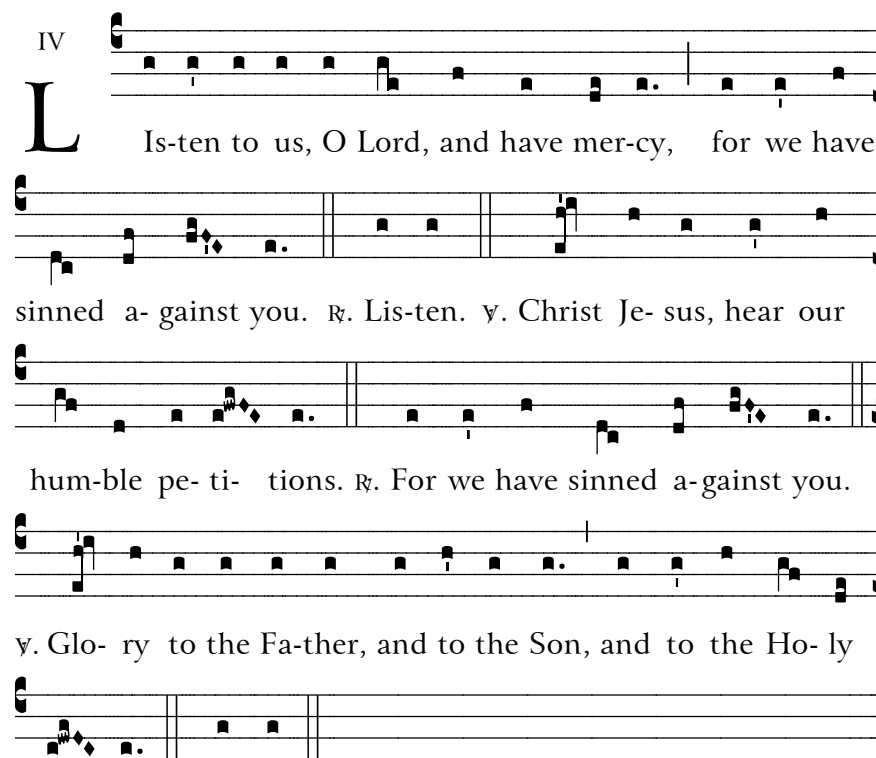
- 1 *Hap-* py | the **man** who **fears** the Lord, *
who takes delight in all | his **com-mands**.
- 2 His sons will | be **pow-er-ful** on earth; *
the children of the up-right | are **bles-sed**.
- 3 Riches | and **wealth** are **in** his house; *
his justice stands firm | for **ev-er**.
- 4 He is a light in the dark- | ness **for** the **up-right**: *
he is generous, mer- | ci-ful and just.
- 5 The good man | takes **pit-y** and lends, *
he conducts his affairs | with **hon-or**.
- 6 The just man | will **nev-er** wa-ver: *
he will be remembered | for **ev-er**.
- 7 He has | no **fear** of **e-vil** news; *
with a firm heart he trusts | in **the Lord**.
- 8 With a stead- | fast **heart** he **will** not fear; *
he will see the down- | fall of his **foes**.
- 9 Open-handed, he gives to the † poor;
his justice | stands **firm** for **ev-er**. *
His head will be raised | in **glo-ry**.

READING AND RESPONSORY, WEEKS 1-5

1 Corinthians 9: 24-27

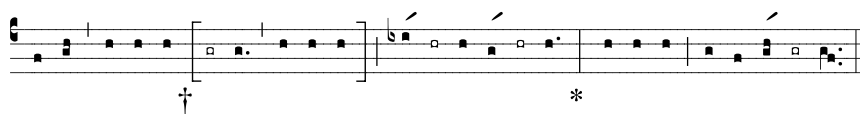
While all the runners in the stadium take part in the race, the award goes to one man. In that case, run so as to win! Athletes deny themselves all sorts of things. They do this to win a crown of leaves that withers, but we a crown that is imperishable.

I do not run like a man who loses sight of the finish line. I do not fight as if I were shadowboxing. What I do is discipline my own body and master it, for fear that after having preached to others, I myself should be rejected.



Spir- it. R. Lis-ten.

CANTICLE: 1 PETER 2: 21-24



1 Christ suf-fered for † you,
and left you | **an** ex-**am**-ple *
to have you follow | in his foot-steps.

2 He did no † wrong;
no deceit was | **found** in **his** mouth. *
When he was insulted, he re-| turned no in-sult.

3 When he was made to suf-† fer,
he did not | **coun**-ter **with** threats. *
Instead he delivered
himself up to the One who | judg-es just-ly.

4 In his own body he brought your sins to the † cross,
so that all of us, dead to sin,
could live in ac-| **cord** with **God's** will. *
By his | wounds you were healed.

5 Glory to the | **Fa**-ther, and **to** the Son, *
and to the | Ho-ly Spir-it:

6 as it was in the be-| **gin**-ning, **is** now, *
and will be for-| ev-er. A-men. A.

(Psalm 112 cont.)

10 The wicked man sees and is an-† gry,
grinds | his **teeth** and **fades** a-way; *
the desire of the wick-| ed **leads** to doom.

11 Glory to | the **Fa**-ther, and **to** the Son, *
and to the Ho-| ly Spir-it:

12 as it was in the | be-**gin**-ning, **is** now, *
and will be forev-| er. A-men. A.

NEW TESTAMENT CANTICLE

Antiphon 3, Week 1

I
Now we must go up to Je-ru-sa-lem where all that has
 been writ-ten a-bout the Son of Man will be ful-filled.

Antiphon 3, Week 2

I
God did not spare his own Son but gave him up
 for us all.

Antiphon 3, Week 3

I
Ours were the suf-fer-ings he bore; ours the tor-ments
 he en-dured.

Antiphon 3, Week 4

I
Those things, which God fore-told through his proph-ets
 con-cern-ing the suf-fer-ings that Christ would en-dure, have
 been ful-filled.

Antiphon 3, Week 5

I
He was pierced for our of-fens-es and bur-dened with
 our sins. By his wounds we are healed.

Antiphon 3, Palm Sunday

I
The blood of Christ wash-es a-way our sins and makes
 us worth-y to serve the liv-ing God.

[Canticle next page]