GUIDELINES FOR THE RECEPTION OF COMMUNION For Catholics

As Catholics, we fully participate in the celebration of the Eucharist when we receive Holy Communion. We are encouraged to receive Communion devoutly and frequently. In order to be properly disposed to receive Communion, participants should not be conscious of grave sin and normally should have fasted for one hour. A person who is conscious of grave sin is not to receive the Body and Blood of the Lord without prior sacramental confession except for a grave reason where there is no opportunity for confession. In this case, the person is to be mindful of the obligation to make an act of perfect contrition, including the intention of confessing as soon as possible (canon 916). A frequent reception of the Sacrament of Penance is encouraged for all.

For our fellow Christians

We welcome our fellow Christians to this celebration of the Eucharist as our brothers and sisters. We pray that our common baptism and the action of the Holy Spirit in this Eucharist will draw us closer to one another and begin to dispel the sad divisions which separate us. We pray that these will lessen and finally disappear, in keeping with Christ's prayer for us "that they may all be one" (Jn 17:21).

Because Catholics believe that the celebration of the Eucharist is a sign of the reality of the oneness of faith, life, and worship, members of those churches with whom we are not yet fully united are ordinarily not admitted to Holy Communion. Eucharistic sharing in exceptional circumstances by other Christians requires permission according to the directives of the diocesan bishop and the provisions of canon law (canon 844 \S 4). Members of the Orthodox Churches, the Assyrian Church of the East, and the Polish National Catholic Church are urged to respect the discipline of their own Churches. According to Roman Catholic discipline, the Code of Canon Law does not object to the reception of communion by Christians of these Churches (canon 844 \S 3).

For those not receiving Holy Communion

All who are not receiving Holy Communion are encouraged to express in their hearts a prayerful desire for unity with the Lord Jesus and with one another.

For non-Christians

We also welcome to this celebration those who do not share our faith in Jesus Christ. While we cannot admit them to Holy Communion, we ask them to offer their prayers for the peace and the unity of the human family.

United States Conference of Catholic Bishops, 1996

THE NATIVITY OF OUR LORD JESUS CHRIST



DECEMBER 24-25, 2014

ST. ELIZABETH ANN SETON CATHOLIC CHURCH LAKE RIDGE, VA

SCHEDULE AND CONTENTS

Nativity Play

December 24, 4:00 PM

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Nativity of the Lord: Mass During the DayPage 13 December 25, 9:00 AM, 10:45 AM, 12:30 PM

PLEASE SILENCE ALL ELECTRONIC DEVICES

PLEASE MAINTAIN A RESPECTFUL
SILENCE IN THE CHURCH
BEFORE AND AFTER MASS



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LITURGY OF THE WORD

Readings

Please see p 396-397 in the Vatican II Hymnal for the readings.

Homily

Profession of Faith

Nicene Creed Vatican II Hymnal p 8 All kneel at the words and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

Offertory

Hark! The Herald Angels Sing

Vatican II Hymnal p 223

LITURGY OF THE EUCHARIST

Sanctus & Agnus Dei

Mass of the Sacred Heart

Vatican II Hymnal p 142-143

Communion

Please see the back page for guidelines on receiving communion.

Communion Antiphon

Ps 98:3

Cantor: All the ends of the earth have seen the salvation which

comes from our God.

Verses of Psalm 98 may be sung in between repetitions of the antiphon.

Once In Royal David's City Silent Night (stanzas 1-3)

Vatican II Hymnal p 336

Vatican II Hymnal p 331

Recessional

Alma Redemptoris Mater Joy To The World

Vatican II Hymnal, inside back cover Vatican II Hymnal p 232

VIGIL OF THE NATIVITY OF THE LORD

Prelude (before 7:30 PM Mass; one of the following will be sung)

Maria Wiegenlied

Max Reger (1873-1916)

See p 13 of the program for a translation of Maria Wiegenlied.

Cantique de Noël

Adolphe Adam (1803-1856)

1. Minuit, chrétiens, c'est l'heure solennelle. Où l'Homme Dieu descendit jusqu'à nous Pour effacer la tache originelle Et de Son Père arrêter le courroux. Le monde entier tressaille d'espérance En cette nuit qui lui donne un Sauveur.

Peuple à genoux, attends ta délivrance.

Noël, Noël, voici le Rédempteur, Noël, Noël, voici le Rédempteur!

2. De notre foi que la lumière ardente Nous guide tous au berceau de l'Enfant, Comme autrefois une étoile brillante Y conduisit les chefs de l'Orient. Le Roi des rois naît dans une humble crèche:

Puissants du jour, fiers de votre grandeur,

A votre orgueil, c'est de là que Dieu prêche.

Courbez vos fronts devant le Rédempteur. Courbez vos fronts devant le Rédempteur.

3. Le Rédempteur a brisé toute entrave:

La terre est libre, et le ciel est ouvert. Il voit un frère où n'était qu'un esclave,

L'amour unit ceux qu'enchaînait le fer.

Qui lui dira notre reconnaissance, C'est pour nous tous qu'il naît, qu'il souffre et meurt. Peuple debout! Chante ta délivrance,

Noël, Noël, chantons le Rédempteur, Noël, Noël, chantons le Rédempteur! 1. Midnight, Christians, it is the solemn hour.

When God as man descended unto us To erase the stain of original sin And to end the wrath of His Father. The entire world thrills with hope On this night that gives it a Savior. People kneel down, wait for your deliverance.

Christmas, Christmas, here is the Redeemer, Christmas, Christmas, here is the Redeemer!

2. May the ardent light of our Faith Guide us all to the cradle of the infant, As in ancient times a brilliant star Guided the Oriental kings there. The King of Kings was born in a humble manger;

O mighty ones of today, proud of your greatness,

It is to your pride that God preaches.

Bow your heads before the Redeemer! Bow your heads before the Redeemer!

3. The Redeemer has broken every

The Earth is free, and Heaven is open. He sees a brother where there was only a slave,

Love unites those that iron had chained.

Who will tell Him of our gratitude, For all of us He is born, He suffers and dies.

People stand up! Sing of your deliverance, Christmas, Christmas, sing of the Redeemer, Christmas, Christmas, sing of the Redeemer!

ORDER OF MASS: VIGIL OF CHRISTMAS

DECEMBER 24, 4:30 PM AND 7:30 PM

The full Order of Mass begins on page 4 of the Vatican II Hymnal. The people's responses may also be found on the laminated card in the pew.

INTRODUCTORY RITES

Entrance Procession

Introit Ex 16:6-7

Cantor: Today you will know that the Lord is coming to save us,

and tomorrow you will see his glory.

Hark! The Herald Angels Sing Vatican II Hymnal p 230

Kyrie

(4:30 PM) Missa de Angelis Vatican II Hymnal p 163 (7:30 PM) Mass of the Sacred Heart Vatican II Hymnal p 140

Gloria

Mass of the Sacred Heart Vatican II Hymnal p 140

LITURGY OF THE WORD

Readings

Please see p 392-393 in the Vatican II Hymnal for the readings.

Homily

Profession of Faith

Nicene Creed Vatican II Hymnal p 8 *All kneel at the words* and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

ORDER OF MASS: CHRISTMAS DAY

DECEMBER 25, 9:00 AM, 11 AM

The full Order of Mass begins on page 4 of the Vatican II Hymnal. The people's responses may also be found on the laminated card in the pew.

Prelude

One of the following will be sung:

Cantique de Noël Adolphe Adam (1803-1856)

Please see p 3 of this program for text and translation.

Maria Wiegenlied

Max Reger (1873-1916)

Maria sitzt im Rosenhag Und wiegt ihr Jesuskind, Durch die Blätter leise Weht der warme Sommerwind.

Zu ihren Füßen singt Ein buntes Vögelein: Schlaf, Kindlein, süße, Schlaf nun ein!

Hold ist dein Lächeln, Holder deines Schlummers Lust, Leg dein müdes Köpfchen Fest an deiner Mutter Brust! Schlaf, Kindlein, süße, Schlaf nun ein! Amid the roses Mary sits and rocks her Jesus-Child While amid the treetops sighs the breeze so warm and mild And soft and sweetly sings a bird upon the bough Ah, Baby, dear one Slumber now

Happy is Thy laughter; holy is Thy silent rest Lay Thy head in slumber fondly on Thy mother's breast Ah, Baby, dear one Slumber now

INTRODUCTORY RITES

Entrance Procession

Introit Is 9:6

Cantor: Unto us a child is born, unto us a son is given. Dominion is on his shoulder and his name shall be called the Angel of

Great Counsel.

O Come, All Ye Faithful Vatican II Hymnal p 231

Kyrie and Gloria

Mass of the Sacred Heart Vatican II Hymnal p 140

LITURGY OF THE EUCHARIST

LITURGY OF THE EUCHARIST

Offertory

Sanctus

Missa de Angelis (*ALL*) Vatican II Hymnal p 166 Lift Up Your Heads Vatican II Hymnal p 211

Memorial Acclamation Sanctus

ICEL Adaptation (*ALL*)

Vatican II Hymnal p 114

Mass of the Sacred Heart

Vatican II Hymnal p 142

Agnus Dei Memorial Acclamation

Missa de Angelis (*ALL*) Vatican II Hymnal p 143 ICEL Adaptation Vatican II Hymnal p 114

Communion

Agnus Dei

Please see the back page for guidelines on receiving communion.

Mass of the Sacred Heart

Vatican II Hymnal n. 1

Please see the back page for guidelines on receiving communion.

Mass of the Sacred Heart

Vatican II Hymnal p 143

Communion Antiphon (CHOIR)

Is 40:5

In splendoribus sanctorum

Amidst the splendours of the heavenly sanctuary,

Please see the back page for guidelines on receiving communion.

ex utero ante luciferum genui te. from the womb, before the morning

star, I have begotten you.

Communion Antiphon

Is 40:5

Break Forth, O Beauteous

Cantor: The glory of the Lord shall be revealed, and all flesh shall see the salvation which comes from our God.

Heavenly Light (*CHOIR*) Johann Sebastian Bach (1685-1750)

Break forth, O beauteous heavenly light, and usher in the morning.

Werses of Psalm 24 may be sung in between repetitions of the antiphon.

O shepherds, shudder not with fright, but hear the angel's warning:
this child, now weak in infancy, our confidence and joy shall be,
Once In Royal David's City
Vatican II Hymnal p 336

the power of Satan breaking, our peace eternal making.

Silent Night, stanzas 1-3 (ALL) Vatican II Hymnal p 331 Silent Night (stanzas 1-3) Vatican II Hymnal p 331

Recessional

Alma Redemptoris Mater (*ALL*) Vatican II Hymnal, inside back cover
Hark! The Herald Angels Sing, v 1-3 (*ALL*) Vatican II Hymnal p 230

Joy To The World

Vatican II Hymnal, inside back cover

Vatican II Hymnal p 232

CHORAL PRELUDE TO MIDNIGHT MASS

DECEMBER 24, 11:30 PM

Antiphon

Puer natus in Bethlehem (ALL on refrain)

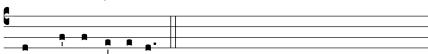
Chant Mode I

1. Puer natus in Bethlehem, alleluia: unde gaudet Jerusalem, alleluia.

A child is born in Bethlehem, alleluia: wherefore Ferusalem rejoices, alleluia.



In cordis jú-bi-lo Christum na-tum a-do-rémus,



Cum no-vo cánti-co.

2. Assumpsit carnem Filius, Dei Patris altissimus. In cordis jubilo... the Most High of God the Father.

3. Per Gabrielem nuntium. Virgo concepit Filium.

4. Tamquam sponsus de thalamo, Processit Matris utero.

5. Hic jacet in praesepio, Qui regnat sine termino.

6. Et Angelus pastoribus, Revelat quo sit Dominus.

7. Reges de Saba veniunt, Aurum, thus, myrrham offerunt.

8. Intrantes domum invicem, Novum salutant principem.

9. De Matre natus Virgine, Qui lumen est de lumine.

10. Sine serpentis vulnere, De nostro venit sanguine.

11. In carne nobis similis, Peccato sed dissimilis.

The Son hath assumed flesh,

Through the messenger Gabriel, the Virgin conceived a Son.

Like a bridegroom from his chamber, he came forth from his Mother's womb.

He lies in the manger, Who reigns without end.

And the Angel reveals to the shepherds that this is the Lord.

Kings from Saba come,

offering gold, incense, and myrrh.

Entering the house, in turn they greet the newborn Prince.

Of a Virgin Mother born, Him Who is Light of Light.

Without the serpent's wound, he came of our blood.

Like unto us in flesh, yet unlike us as to sin.

Entrance Procession

O Come All Ye Faithful (*ALL*) Introit (CHOIR)

Vatican II Hymnal p 231

Ps 2:7, 1-2, 8

Dominus dixit ad me:

Filius meus est tu, ego hodie

genui te.

Ps. Quare fremuerunt gentes:

et populi meditati sunt inania?

The Lord said unto me:

You are my Son, today I have begotten

Vs. Why do the nations conspire and

the people plot in vain?

Kyrie and Gloria

Missa de Angelis (ALL)

Vatican II Hymnal p 163

LITURGY OF THE WORD

Readings

Please see p 394-395 in the Vatican II Hymnal for the readings. Please note that the Gradual will be sung in place of the Responsorial Psalm, and the Alleluia verse will be sung in place of the Gospel Acclamation.

Homily

Profession of Faith

Nicene Creed

Vatican II Hymnal p 8

All kneel at the words and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

Offertory

Joy To The World (ALL)

Vatican II Hymnal p 232

ORDER OF MASS: MASS AT NIGHT

DECEMBER 25 AT MIDNIGHT

The full Order of Mass begins on page 4 of the Vatican II Hymnal. The people's responses may also be found on the laminated card in the pew.

INTRODUCTORY RITES

Please stand at the tolling of the Midnight Bell.

Proclamation of the Nativity of Our Lord Jesus Christ

The Twenty-fifth Day of December,

when ages beyond number had run their course from the creation of the world,

when God in the beginning created heaven and earth, and formed man in his own likeness;

when century upon century had passed since the Almighty set his bow in the clouds after the Great Flood, as a sign of covenant and peace;

in the twenty-first century since Abraham, our father in faith, came out of Ur of the Chaldees:

in the thirteenth century since the People of Israel were led by Moses in the Exodus from Egypt;

around the thousandth year since David was anointed King;

in the sixty-fifth week of the prophecy of Daniel;

in the one hundred and ninety-fourth Olympiad;

in the year seven hundred and fifty-two since the foundation of the City of Rome;

in the forty-second year of the reign of Caesar Octavian Augustus, the whole world being at peace,

JESUS CHRIST, eternal God and Son of the eternal Father, desiring to consecrate the world by his most loving presence, was conceived by the Holy Spirit, and when nine months had passed since his conception, was born of the Virgin Mary in Bethlehem of Judah, and was made man:

The Nativity of Our Lord Jesus Christ according to the flesh.

12. Ut redderet nos homines Deo et sibi similes.

13. In hoc natali gaudio, Benedicamus Domino.

14. Laudetur sancta Trinitas, Deo dicamus gratias. In order to render us men like unto God and Himself.

On this joyous day of birth, let us bless the Lord.

Praised be the Holy Trinity; let us give thanks to God.

Carol

O Little Town of Bethlehem (ALL)

Phillips Brooks (1835-1893)

1. O little town of Bethlehem, how still we see thee lie! Above thy deep and dreamless sleep the silent stars go by; yet in thy dark streets shineth the everlasting Light; the hopes and fears of all the years are met in thee tonight.

2. For Christ is born of Mary; and gathered all above, while mortals sleep, the angels keep their watch of wondering love. O morning stars, together proclaim the holy birth! and praises sing to God the King, and peace to men on earth.

3. How silently, how silently, the wondrous gift is given!
So God imparts to human hearts the blessings of his heaven.
No ear may hear his coming, but in this world of sin, where meek souls will receive him, still the dear Christ enters in.

4. O holy Child of Bethlehem, descend to us, we pray; cast out our sin and enter in, be born in us today.

We hear the Christmas angels the great glad tidings tell;
O come to us, abide with us, our Lord Emmanuel!

Choral Anthem

Ding Dong! Merrily on High (*CHOIR*) George R. Woodward (1848-1934) Charles Wood (1866-1926)

Ding, dong! Merrily on high / In heav'n the bells are ringing Ding, dong! Verily the sky / Is riv'n with angel singing Gloria. Hosanna in excelsis.

E'en so here below, below / Let steeple bells be swungen And i-o, i-o, i-o / By priest and people sungen Gloria, Hosanna in excelsis.

Pray ye dutifully prime / Your matin chime, ye ringers May ye beautifully rime / Your evetime song, ye singers Gloria, Hosanna in excelsis.

Solo

Cantique de Noël (SOLO)

Adolphe Adam (1803-1856)

For text and translation, please see p 3 of this program.

Carol

Gaudete Christus est natus (ALL on refrain)

Medieval carol

Cantor, then all:





(Rejoice! Rejoice! Christ is born of the Virgin Mary, Rejoice!)

- 1. Tempus adest gratiae, hoc quo optabamus, Carmina letitiae devote reddamus. Gaudete...
- 2. Deus homo factus est, Natura mirante, Mundus renovatus est a Christo regnante.
- 3. Ezechielis porta clausa pertransitur, Unde lux est orta, salus invenitur.
- 4. Ergo nostra contio psallat iam in lustro, Benedicat Domino, salus Regi nostro.

The time of grace has come—what we have wished for, songs of joy
Let us give back faithfully.
Rejoice!...

God has become man, To the wonderment of Nature, The world has been renewed By the reigning Christ.

The closed gate of Ezekiel Is passed through, Whence the light is born, Salvation is found.

Therefore let our gathering Now sing in brightness Let it give praise to the Lord: Greeting to our King.

Interlude

Fantasia on Greensleeves (ORCHESTRA)

Ralph Vaughan Williams (1872-1958)

Carol

In The Bleak Midwinter (CHOIR)

Christina Rossetti (1830-1894) Gustav Holst (1874-1934)

In the bleak midwinter frosty winds made moan, Earth stood hard as iron, water like a stone; Snow had fallen, snow on snow, snow on snow, In the bleak midwinter long ago.

Our God, Heav'n cannot hold him nor earth sustain; Heav'n and earth shall flee away when he comes to reign: In the bleak midwinter astable place sufficed. The Lord God Almighty Jesus Christ.

Enough for him, whom cherubim worship night and day, A breastful of milk and a mangerful of hay:
Enough for him, whom angels fall down before,
The ox and ass and camel which adore.



Angels and archangels /
may have gathered there,
Cherubim and seraphim /
thronged the air;
but only his mother /
in her maiden bliss
Worshipped the Beloved with a kiss.
What can I give him poor as I am?
If I were a shepherd /
I would bring a lamb,
If I were a Wise Man /
I would do my part,
Yet what I can I give him, /
give my heart.