

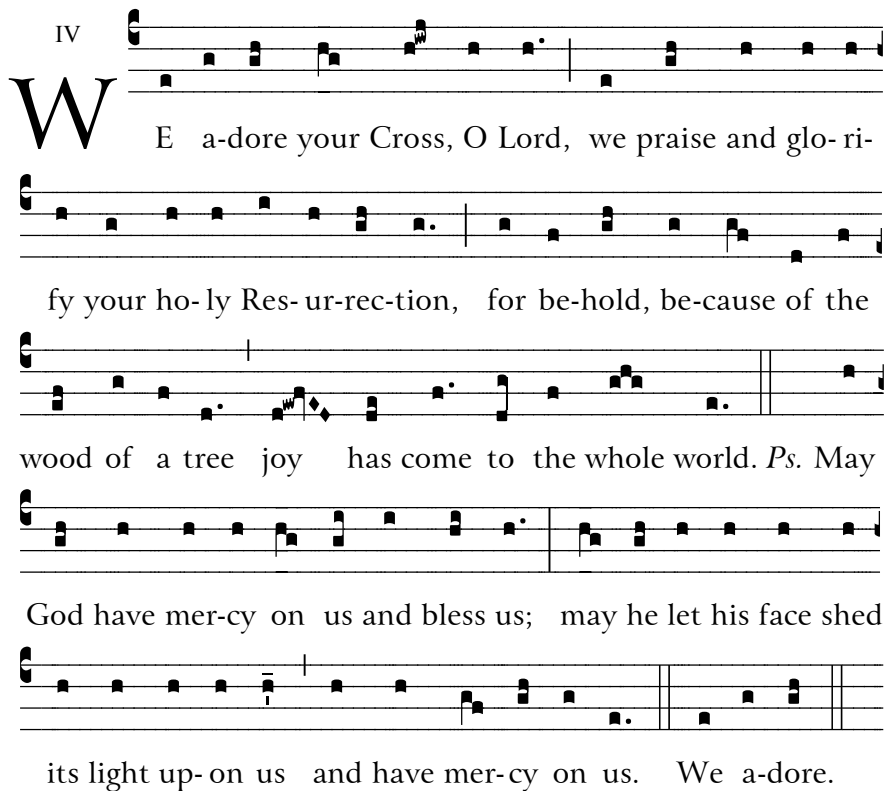
GOOD FRIDAY

Adoration of the Holy Cross

Antiphon

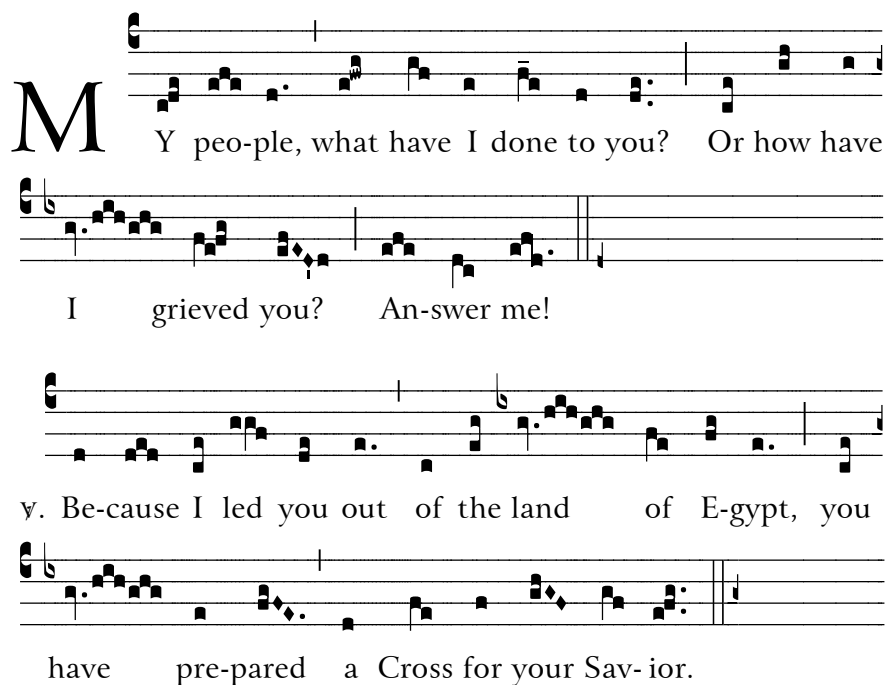
v. cf. Ps 67: 2

IV



WE a-dore your Cross, O Lord, we praise and glo-ri-
fy your ho-ly Res-ur-rec-tion, for be-hold, be-cause of the
wood of a tree joy has come to the whole world. *Ps.* May
God have mer-cy on us and bless us; may he let his face shed
its light up-on us and have mer-cy on us. We a-dore.

Improperia, Part I



MY peo-ple, what have I done to you? Or how have
I grieved you? An-swer me!
v. Be-cause I led you out of the land of E-gypt, you
have pre-pared a Cross for your Sav-ior.

1 Ha-gi- os o The- ós. † 2 Ho- ly, ho-ly is God.

1 Ha-gi- os Ischy-rós. 2 Ho- ly, ho-ly and Might-y.

1 Ha-gi- os Athána-tos, e-lé- i- son hy-más.

2 Ho-ly, ho- ly and Im-mor- tal One, have mer- cy, have

mer- cy on us.

B E-cause I led you out through the des- ert for-ty

years and fed you with man-na and brought you in- to a

land of plen-ty, you have pre-pared a Cross for your

Sav-ior. Ha-gi- os.

W Hat more should I have done for you and have not

done? In-deed, I plant-ed you as my most beau-ti- ful cho-sen

† Sung alternately by two halves of the choir. Basic Greek pronunciation would include: “Hágios” with a hard *g* ; “o” as an aspirate, i.e. “ho”; “Theos” and “Athánatos” with a soft *th* ; and “Ischyros” with a hard *ch* (*k*).

vine and you have turned ver-y bit-ter for me, for in my
 thirst you gave me vin-e-gar to drink and with a lance you
 pierced your Sav-ior's side. Ha-gi- os.

Improperia, Part II

V.

I scourged E-gypt for your sake with its first-born
 sons, and you scourged me and hand-ed me o- ver.

R.

M Y peo-ple, what have I done to you? Or how have
 I grieved you? An-swer me!

V. I led you out from E-gypt as Pha-raoh lay sunk in the
 Red Sea, and you hand-ed me o- ver to the chief priests.
 My peo-ple.

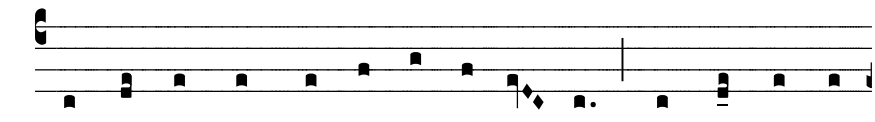
γ. I o-pened up the sea be-fore you, and you o-pened my
side with a lance. My peo-ple.

γ. I went be-fore you in a pil-lar of cloud, and you led me
in-to Pi-late's pal-ace. My peo-ple.

γ. I fed you with man-na in the des-ert, and on me you
rained blows and lash-es. My peo-ple.

γ. I gave you sav-ing wa-ter from the rock to drink, and for
drink you gave me gall and vin-e-gar. My peo-ple.

γ. I struck down for you the kings of the Ca-naan-ites, and
you struck my head with a reed. My peo-ple.



v. I put in your hand a roy- al scep-ter, and you put on



my head a crown of thorns. My peo-ple.



v. I ex- alt-ed you with great pow'r, and you hung me on



the scaf-fold of the Cross. My peo-ple.