

# Take Up Thy Cross

cf. Mt 16:21-27

James J. Richardson

## Antiphon

SOPRANO  
Take up thy cross and fol - low Me, if you would

ALTO  
Take up thy cross and fol - low Me, if you would

MEN  
Take up thy cross and fol - low Me, if you would

My dis - ci - ple be: take up thy cross and fol - low Me.

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## Verses

S  
A  
1. For whosoever wishes to save his life shall lose it,  
2. What doth profit the man who shouldst gain the whole world  
3. For the Son of Man shall come with His angels in His Fath - er's glory,

MEN

1. but whosoever loses his life for My sake shall find it.  
2. but shouldst forfeit his life?  
3. and then shall He repay all according to his conduct.