

Prayer to Our Lord  
*Anima Christi*

Soul of Christ,  
sanctify me.  
Body of Christ,  
save me.  
Blood of Christ,  
inebriate me.  
Water from the  
side of Christ,  
wash me.  
Passion of  
Christ,  
strengthen me.  
O good Jesus,  
hear me.  
Within Thy  
wounds, conceal  
me.  
Do not allow me  
to be separated  
from Thee.  
From the evil  
foe, defend me.  
At the hour of  
my death, call  
me.  
And bid me  
come to Thee  
that with Thy  
Saints I may  
praise Thee for  
ever and ever.  
Amen.

2. **A** -nima Chrísti, sanctí-fi-ca me. Corpus Chrísti,  
sál-va me. Sánguís Chrísti, inébri-a me. Aqua lá-te-ris  
Chrísti, láva me. Pássi-o Chrísti, conforta me. O bó-  
ne Jésu, exáu-di me : Intra tú-a vúlne-ra abscónde  
me. Ne permíttas me separá-ri a Te. Ab hóste ma-líño  
de-fénde me. In hó-ra mórtis mé-æ vóca me. Et júbe  
me vení-re ad Te, Ut cum Sánc-tis tú-is láudem Te, in  
sæcu-la sæcu-ló-rum. A-men.

