

The Glory of These Forty Days

The glo - ry of these for - ty days We ce - le - brate with songs of praise ;
 A - lone and fast - ing Mo - ses saw The lov - ing God who gave the Law ;
 So Dan - iel trained his my - stic sight, De - li - vered from the li - ons' might ;
 Then grant us, Lord, like them to be Full oft in fast and prayer with thee ;
 Fa - ther and Son and Spi - rit blest, To thee be e - very prayer ad - drest,

For Christ, by whom all things were made, Him - self has fast - ed and has prayed.
 And to E - li - jah, fast - ing, came The steeds and cha - ri - ots of flame.
 And John, the Bride - groom's friend, be - came The he - rald of Mes - si - ah's name.
 Our spi - rits strength - en with thy grace, And give us joy to see thy face.
 Who art in three - fold Name a - dored, From age to age, the on - ly Lord. (Amen.)

Text : Summi largitor praemii, ascribed to Pope Gregory I (540-604)

Translation : Maurice Frederick Bell (1862-1947)

Melody : Joseph Klug (1490-1552)

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