

# VESPERS and BENEDICTION

## Propers for the First Sunday of Advent

### Legend:

C → Celebrant, Cantor, or Lector

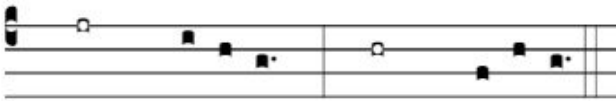
A → Assembly

\* → denotes bar line within verse (brief pause)

**Bold** or underlined syllable → indicates change of note

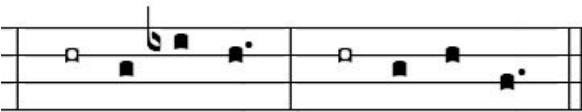
### First Psalm, Antiphon:

Rejoice, daughter of Zion; \* shout for joy, daughter of Jerusalem, alleluia.



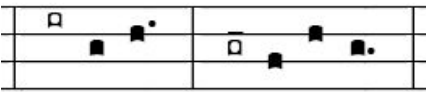
### Second Psalm, Antiphon:

Christ our King will come to us: \* the Lamb of God foretold by John.



### Canticle, Antiphon:

I am coming soon, says the Lord; I will give to everyone the reward his deeds deserve, \* alleluia, alleluia.



### Reading:

Rejoice in the Lord always! I say it again. Rejoice! Everyone should see how unselfish you are. The Lord is near.

### Canticle of Mary, Antiphon:

Do not be afraid, Mary, you have found favour with God; \* you will conceive and give birth to a Son, alleluia.

### Prayer:

All-powerful God, increase our strength of will for doing good, that Christ may find an eager welcome at his coming and call us to his side in the kingdom of heaven, where he lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

## Entrance Procession

### Exposition Hymn

WERNER



1 O sa - lu - ta - ris Hos - ti - a, Quæ cæ li pan - dis o - sti - um:  
2 U - ni tri - no - que Do - mi - no Sit sem - pi - ter - na glo - ri - a,




Bel - la pre - munt hos - ti - li - a, Da ro - bur, fer - aux - xi - li - um.  
Qui vi - tam si - ne ter - mi - no No - bis do - net in pa - tri - a. A - men.

OR

AETERNA CHRISTI MUNERA



1 O Sav - ing Vic - tim, op' - - - - - ning wide, The gate of heav'n to  
2 All praise and thanks to thee - - - - - as - cend, For ev - er - more, Blest



man be - low, Our foes press on from ev' - ry side,  
One in Three; O grant us life that shall not end

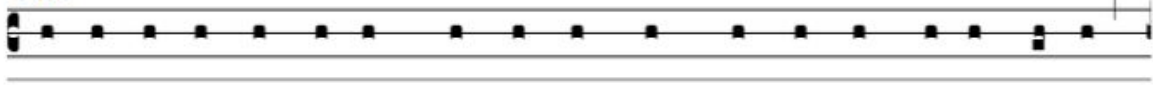


Thine aid sup - ply, thy strength - - - - - be - stow.  
In our true na - tive land - - - - - with thee. A - - - - - men.

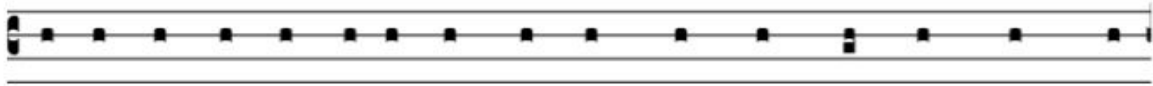
## Introductory Verse



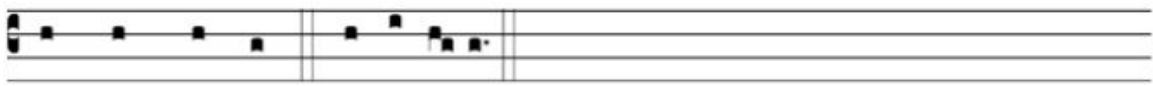
O God, come to my assistance. O Lord, make haste to help me.  
*All.*



Glo-ry be to the Father, and to the Son, and to the Ho-ly Spi-rit.



As it was in the begin ning, is now, and ever shall be, world with-



out end. A-- men. Al- le- lu- ia.  
*(omit during Lent.)*

## Hymnody

**Holy, Holy, Holy**

BB #204, acc. #242

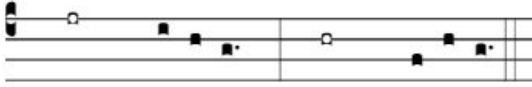
***OR***

**O Radiant Light**

BB #833, acc. #744

# Psalmody

## 1. Psalm 110:1-5



*Antiphon.* Rejoice, daughter of Zion; \*  
shout for joy, daughter of Jerusalem, alleluia.

**C** The Lord's revelation to my Master: "Sit  
on my right: \*

your foes I will put beneath your feet."

**A** The Lord will wield from Zion your  
scepter of power: \*  
rule in the midst of all your foes.

**C** A prince from the day of your birth on the  
holy mountains; \*  
from the womb before the dawn I begot  
you.

**A** The Lord has sworn an oath he will not  
change. "You are a priest forever, \*

a priest like Melchizedek of old."

**A** The Master standing at your right hand \*  
will shatter kings in the day of his great  
wrath.

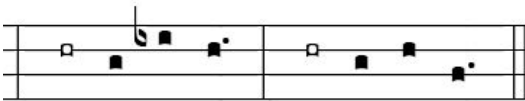
**A** He shall drink from the stream by the  
wayside \*  
and therefore he shall lift up his head.

**C** Glory be to the Father, and to the Son, \*  
and to the Holy Spirit:

**A** as it was in the beginning, is now, \*  
and ever shall be. Amen.

*Antiphon.*

## 2. Psalm 114



*Antiphon.* Christ our King will come to us: \*  
the Lamb of God foretold by John.

**C** When Israel came forth from Egypt, \*  
Jacob's sons from an alien people,

**A** Judah became the Lord's temple, \*  
Israel became his kingdom.

**C** The sea fled at the sight: \*  
the Jordan turned back on its course,

**A** the mountains leapt like rams \*  
and the hills like yearling sheep.

**C** Why was it, sea, that you fled, \*  
that you turned back, Jordan, on your  
course?

**A** Mountains, that you leapt like rams, \*  
hills, like yearling sheep?

**C** Tremble, O earth, before the Lord, \*  
in the presence of the God of Jacob,

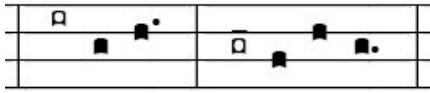
**A** who turns the rock into a pool \*  
and flint into a spring of water.

**C** Glory be to the Father, and to the Son, \*  
and to the Holy Spirit:

**A** as it was in the beginning, is now, \*  
and ever shall be. Amen.

*Antiphon.*

## Canticle : 1 Peter 2:21-24



*Antiphon.* I am coming soon, says the Lord; I will give to everyone the reward his deeds deserve, \*  
alleluia, alleluia.

**C** Christ suffered for you, and left you an  
example \*  
to have you follow in his footsteps.

**A** He did no wrong: \*  
no deceit was found in his mouth.

**C** When he was insulted \*  
he returned no insult.

**A** When he was made to suffer, \*  
he did not counter with threats.

**C** Instead he delivered himself up \*  
to the One who judges justly.

**A** In his own body \*  
he brought our sins to the cross,

**C** so that all of us, dead to sin, \*  
could live in accord with God's will.

**A** By his wounds \*  
you were healed.

**C** Glory be to the Father, and to the Son, \*  
and to the Holy Spirit:

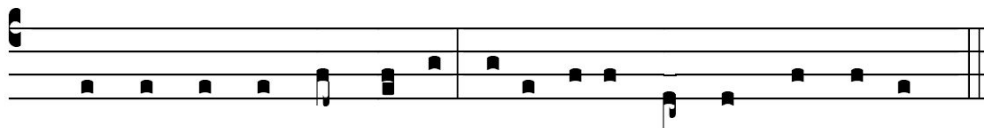
**A** as it was in the beginning, is now, \*  
and ever shall be. Amen.

*Antiphon.*

## READING

Rejoice in the Lord always! I say it again. Rejoice! Everyone should see how unselfish you are. The Lord is near.

## RESPONSORY



**C** Our hearts are filled with wonder \*  
as we contemplate your works, O Lord.

**A** Our hearts are filled with wonder \*  
as we contemplate your works, O Lord.

**C** We praise the wisdom which wrought them all, \*  
as we contemplate your works, O Lord.

**C** Glory be to the Father, and to the Son, \*  
and to the Holy Spirit.

**A** Our hearts are filled with wonder \*  
as we contemplate your works, O Lord.

## MAGNIFICAT

*Antiphon.* Do not be afraid, Mary, you have found favour with God; \*  
you will conceive and give birth to a Son, alleluia.

1 Ma - gní - fi - cat á - ni - ma me - a Dó - mi - num,

2 et ex - sul - tá - vit spí - ri - tus me - us in De - o sa - lu - tá - ri me - o.

3 Qui - a re - spé - xit hu - mi - li - tá - tem an - cíl - lae sú - ae.

Ec - ce e - nim ex hoc be - á - tam me di - cent om - nes ge - ne - ra - ti - ó - nes.

4 Qui - a fe - cit mi - hi ma - gna, qui po - tens est, et san - ctum no - men e - jus.

5 Et mi - se - ri - cór - di - a e - jus a pro - gé - ni - e in pro - gé - ni - es ti - mén - ti - bus e - um.

6 Fe - cit po - tén - ti - am in brá - chi - o su - o, dis - pér - sit su - pér - bos men - te cor - dis su - i.

7 De - pó - su - it po - tén - tes de se - de et ex - al - tá - vit hú - mi - les.

8 E - su - ri - én - tes im - plé - vit bo - nis et dí - vi - tes di - mí - sit in - á - nes.

9 Sus - cé - pit Is - ra - el pú - e - rum su - um, re - cor - dá - tus mi - se - ri - cór - di - ae su - ae.

10 Si - cut lo - cú - tus est ad pa - tres nos - tros, A - bra - ham et sé - mi - ni e - ius in saé - cu - la.

11 Gló - ri - a Pa - tri et Fí - li - o et Spi - rí - tu - i San - cto,

12 si - cut e - rat

in prin - cí - pi - o et nunc et sem - per et in saé - cu - la sae - cu - ló - rum. A - men.

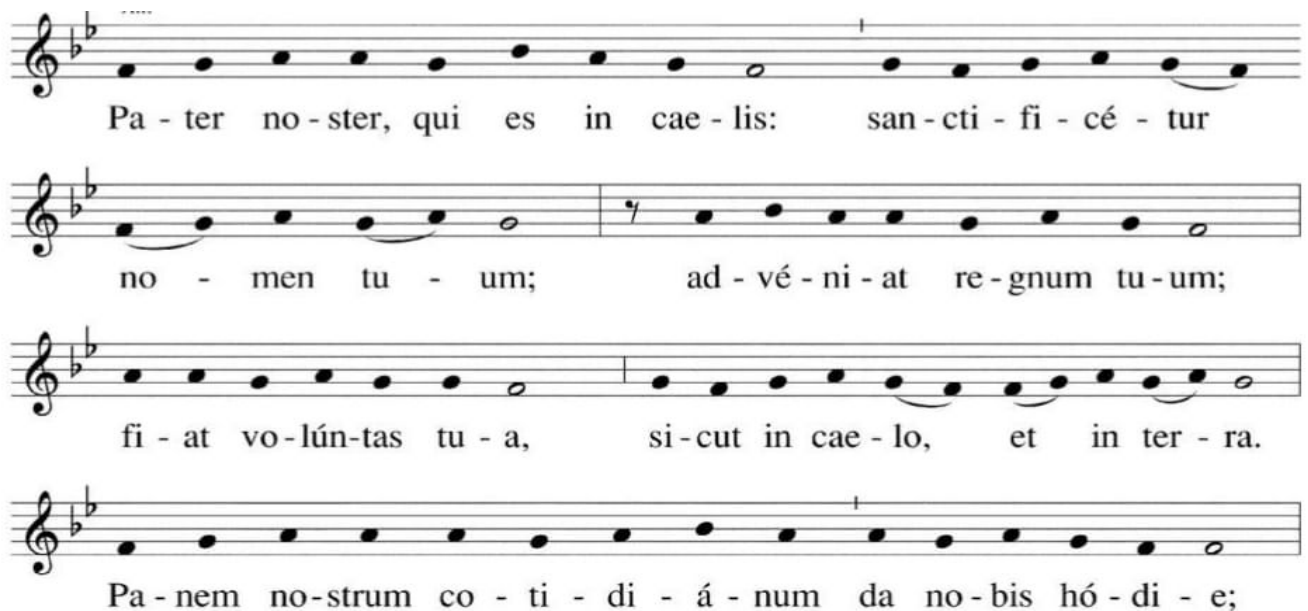
*Antiphon.* Do not be afraid, Mary, you have found favour with God; \*  
you will conceive and give birth to a Son, alleluia.

*(My soul proclaims the greatness of the Lord  
My spirit rejoices in God my Saviour;  
For he has looked with favour on his lowly servant,  
from this day all generations will call me blessed;  
The Almighty has done great things for me, and  
holy is His Name;  
And His mercy is from generation to generation on  
those who fear Him.  
He has shown the strength of His arm, he has  
scattered the proud in their conceit.*

*He has cast down the mighty from their thrones,  
and has exalted the lowly.  
He has filled the hungry with good things, and the  
rich He has sent away empty.  
He has given help to His servant Israel, for He has  
remembered His promise of mercy,  
The promise He made to our fathers, to Abraham  
and to his children forever.  
Glory be...  
As it was...)*

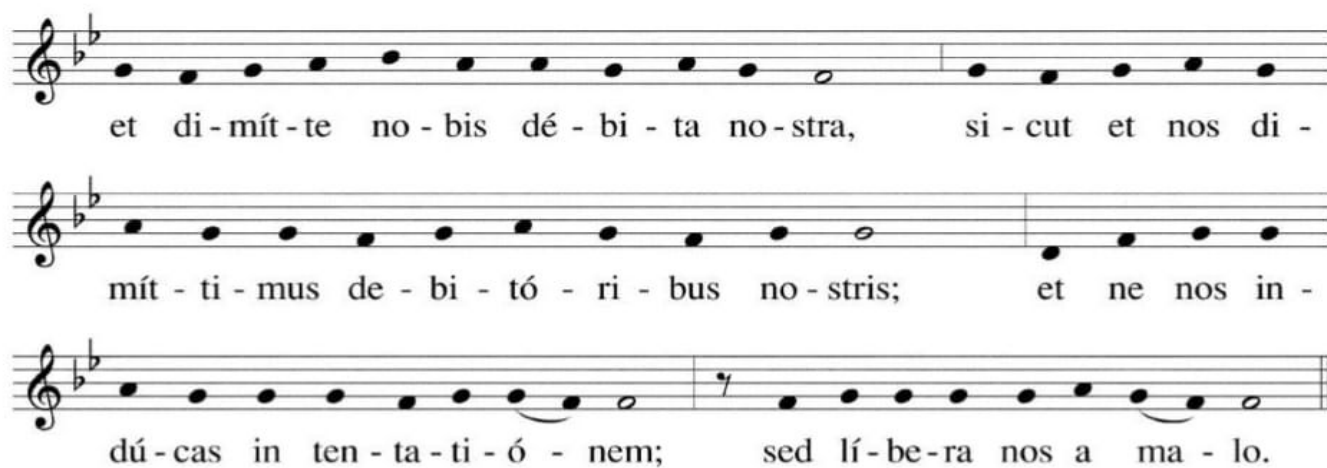
## INTERCESSIONS

- C Christ the Lord is our head; we are his members. In joy let us call out to him: Lord hear my prayer.  
A Let my cry come to thee.  
C Holy Lord, Father all-powerful, let justice spring up on the earth - then your people will dwell in the beauty of peace.  
A ...  
C Let every nation come into your kingdom, so that all peoples will be saved. A  
C Let married couples live in your peace, and grow in mutual love. A  
C Reward all who have done good, O Lord, and grant them eternal life. A  
C Look with compassion on all victims of hatred and war, and grant them heavenly peace. A  
C At the Saviour's command and formed by divine teaching, we dare to say:  
A *(All sing)* Pater noster...



Pa - ter no - ster, qui es in cae - lis: san - cti - fi - cé - tur  
no - men tu - um; ad - vé - ni - at re - gnum tu - um;  
fi - at vo - lún - tas tu - a, si - cut in cae - lo, et in ter - ra.  
Pa - nem no - strum co - ti - di - á - num da no - bis hó - di - e;





### Prayer

All-powerful God, increase our strength of will for doing good, that Christ may find an eager welcome at his coming and call us to his side in the kingdom of heaven, where he lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

### Benediction Hymn

#### Praise God, From Whom All Blessings Flow

BB #538, acc. #433

*OR*

PANGE LINGUA

III

1 Tan-tum er-go Sa-cra-men-tum Ve-ne-re-mur cer-nu-i,  
2 Ge-ni-to-ri Ge-ni-to-que Laus et ju-bi-la-ti-o,  
Et an-ti-quum do-cu-men-tum No-vo ce-dat ri-tu-i,  
Sa-lus, ho-nor, vir-tus quo-que Sit et be-ne-di-cti-o,  
Prae-stet fi-des sup-ple-men-tum Sen-su-um de-fe-ctu-i.  
Pro-ce-den-ti ab u-tro-que Com-par sit lau-da-ti-o. A-men.

C You have given them bread from heaven.

A Having all sweetness within it.



- C Let us pray, O God, who in this wonderful Sacrament have left us a memorial of Your Passion, grant us, we pray, so to revere the sacred mysteries of your Body and Blood that we may always experience in ourselves the fruits of your Redemption. Who live and reign with God the Father in the unity of the Holy Spirit, one God, forever and ever.
- A Amen.

### **The Divine Praises**

- C Blessed be God.
- A **Blessed be God.**
- C Blessed be His Holy Name.
- A ...
- C Blessed be Jesus Christ, true God and true man. A
- C Blessed be the name of Jesus. A
- C Blessed be His Most Sacred Heart. A
- C Blessed be His Most Precious Blood. A
- C Blessed be Jesus in the Most Holy Sacrament of the Altar. A
- C Blessed be the Holy Spirit, the Paraclete. A
- C Blessed be the great Mother of God, Mary most holy. A
- C Blessed be her holy and Immaculate Conception. A
- C Blessed be her glorious Assumption. A
- C Blessed be the name of Mary, Virgin and Mother. A
- C Blessed be Saint Joseph, her most chaste spouse. A
- C Blessed be God in His angels and in His Saints. A
- C May the heart of Jesus in the most Blessed Sacrament, be praised, adored, and loved with grateful affection at every moment in all the tabernacles of the world, now and until the end of time.
- A Amen.

### **Reposition Hymn**

- C Adoremus in aeternum sanctissimum Sacramentum.
- A Adoremus in aeternum sanctissimum Sacramentum.
- C Laudate Dominum omnes gentes : laudate eum omnes populi. Quoniam confirmata est super nos misericordia ejus : et veritas Domini manet in aeternum.
- A Adoremus in aeternum sanctissimum Sacramentum.
- C Gloria Patri et Filio, et Spiritui Sancto; Sicut erat in principio, et nunc, et semper, et in saecula saeculorum. Amen.
- A Adoremus in aeternum sanctissimum Sacramentum.

Ant. 5.  
All **A** D-o-ré-mus in ae-térnum sanctíssimum Sacra-  
méntum. **C** Laudá-te Dóminum ómnes géntes : \*  
laudá-te é-um ómnes pópu-li. Quóni-am confirmá-ta  
est super nos mi-se-ri-córdi-a é-jus : \*  
et vé-ri-tas Dómi-ni mánet in aetérnum **A** Ado-ré-mus.  
**C** Gló-ri-a Pátri, et Fi-li-o, \* et Spi-rí-tu-i Sáncto.  
Si-cut é-rat in princí-pi-o, et nunc, et semper : \*  
et in saécu-la saccu-ló-rum. Amen. **A** Ado-ré-mus.

*(We will adore the most holy Sacrament for eternity.*

*Praise the Lord, all you nations: praise Him all you peoples. Because his mercy is confirmed upon us:*

*and the truth of the Lord remains forever.*

*Glory be to the Father, and to the Son, and to the Holy Spirit: As it was in the beginning, is now, and ever shall be, world without end. Amen.)*

## Hymn

### See How the Virgin Waits (Advent)

BB #45, acc. #459

**OR**

### Hail, Holy Queen

BB #198, acc. #228