

SUNDAY EVENING PRAYER
DURING LENT

SUNDAY EVENING PRAYER DURING LENT

Text taken from *Christian Prayer: The Liturgy of the Hours*,

© 1976 by the Daughters of St. Paul.

Translation of the hymn taken from *The English Hymnal*,

© 1933 by Oxford University Press.

Prayers taken from *The Roman Missal*,

© 2010 International Commission on English in the Liturgy

Melodies for the antiphons © 2013 by Richard Rice.

OPENING VERSICLE AND RESPONSE

all make the sign of the cross

O God, come to my as-sis-tance. R. O Lord, make haste
to help me. Glory to the Father, and to the Son, and to the
Ho-ly Spir-it: as it was in the be-gin-ning, is now, and will
be for ev-er. A-men. Praise to you, Lord Je-sus Christ,
King of end-less glo-ry.

[NB: The Gloria Patri is sung by all.]

Palm Sunday:

Almighty ever-living God, who as an example of humility for the human race to follow caused our Savior to take flesh and submit to the Cross, graciously grant that we may heed his lesson of patient suffering and so merit a share in his Resurrection. Who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. R. Amen.

DISMISSAL



V. Let us bless the Lord. R. Thanks be to God.

Ad libitum: Antiphon to the Blessed Virgin Mary, during Lent

VI
A - ve Re-gí-na cæ-ló-rum, * A-ve Dómi-na Ange-
ló-rum: Salve ra-dix, salve porta, Ex qua mundo lux
est orta: Gaude Virgo glo-ri- ó-sa, Su-per omnes spe-ci-
ó-sa: Va-le, o valde de-có-ra, Et pro no-bis Christum
ex-ó-ra.

Hail, Queen of heaven, hail Lady of the angels. Hail root and gate from which the Light of the world was born. Rejoice glorious Virgin, fairest of all. Fare thee well, most beautiful, and pray for us to Christ.

PRAYERS

from *The Roman Missal 2010*

First Sunday of Lent:

Grant, almighty God, through the yearly observances of holy Lent, that we may grow in understanding of the riches hidden in Christ and by worthy conduct pursue their effects. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. *R.* Amen.

Second Sunday of Lent:

O God, who have commanded us to listen to your beloved Son, be pleased, we pray, to nourish us inwardly by your word, that, with spiritual sight made pure, we may rejoice to behold your glory. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. *R.* Amen.

Third Sunday of Lent:

O God, author of every mercy and of all goodness, who in fasting, prayer and almsgiving have shown us a remedy for sin, look graciously on this confession of our lowliness, that we, who are bowed down by our conscience, may always be lifted up by your mercy. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. *R.* Amen.

Fourth Sunday of Lent:

O God, who through your Word reconcile the human race to yourself in a wonderful way, grant, we pray, that with prompt devotion and eager faith the Christian people may hasten toward the solemn celebrations to come. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. *R.* Amen.

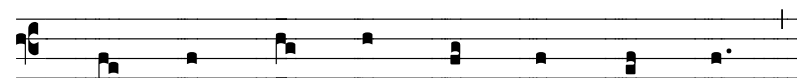
Fifth Sunday of Lent:

By your help, we beseech you, Lord our God, may we walk eagerly in that same charity with which, out of love for the world, your Son handed himself over to death. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. *R.* Amen.

HYMN

Audi benigne Conditor (Mode II)

The English Hymnal, 1933



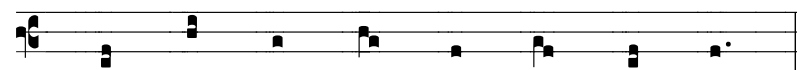
1 O kind Cre - a - tor, bow thine ear
2 Our hearts are o - pen, Lord, to thee:
3 Our sins are man - y, this we know;
4 Give us the self - con - trol that springs
5 We pray thee, Ho - ly Trin - i - ty,



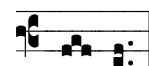
1 To mark the cry, to know the tear
2 Thou know - est our in - fir - mi - ty;
3 Spare us, good Lord, thy mer - cy show;
4 From dis - ci - pline of out - ward things,
5 One God, un - chang - ing U - ni - ty,



1 Be - fore thy throne of mer - cy spent
2 Pour out on all who seek thy face
3 And for the hon - or of thy name
4 That fast - ing in - ward se - cret - ly
5 That we from this our ab - sti - nence



1 In this thy ho - ly fast of Lent.
2 A - bun - dance of thy par - doning grace.
3 Our faint - ing souls to life re - claim.
4 The soul may pure - ly dwell with thee.
5 May reap the fruits of pen - i - tence.



5 A - men.

Palm Sunday hymn: Vexilla Regis prodeunt (The Royal Banners Forward Go)

Another Lenten or Passiontide hymn may be used

PSALM I

Antiphon, 1st Sunday of Lent

VII
W Or-ship your Lord and God; serve him a-lone.

Antiphon, 2nd Sunday of Lent

VII
I N ho-ly splen-dor the Lord will send forth your
 might-y scep-ter from Zi-on.

Antiphon, 3rd Sunday of Lent

VII
L Ord, all-pow'r-ful King, free us for the sake of your
 name. Give us time to turn from our sins.

Antiphon, 4th Sunday of Lent

VII
G Od has ap-point-ed Christ to be the judge of the
 liv-ing and the dead.

Antiphon, 5th Sunday of Lent

VII
A S the ser-pent was lift-ed up in the des-ert, so the
 Son of Man must be lift-ed up.

Spir-it: *11.* as it was in the be-gin-ning, | is now, and will
 be for-|ev-er. A-men. *A.*

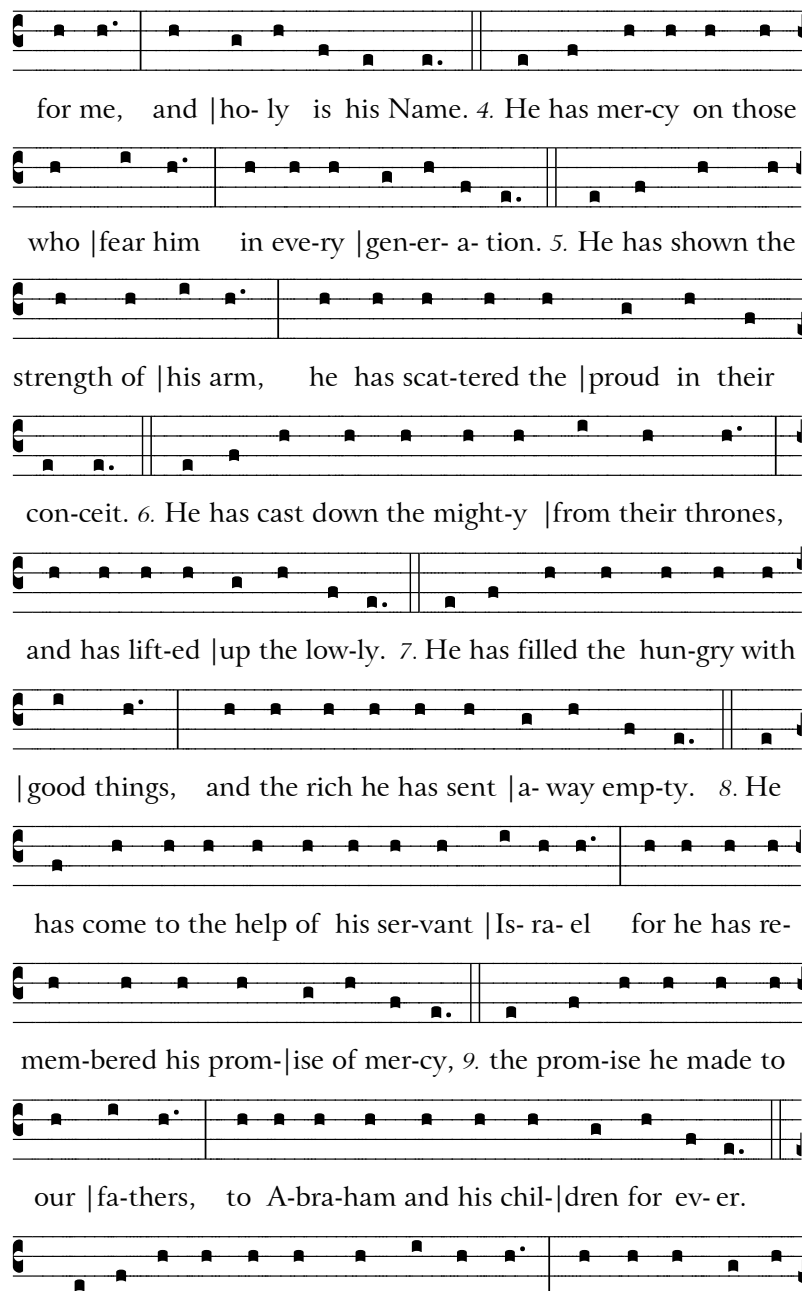
INTERCESSIONS

Sundays 1-5: R. Lord, be gracious to your people.*Palm Sunday:* R. Sanctify your people, redeemed by your blood.

OUR FATHER (PATER NOSTER)

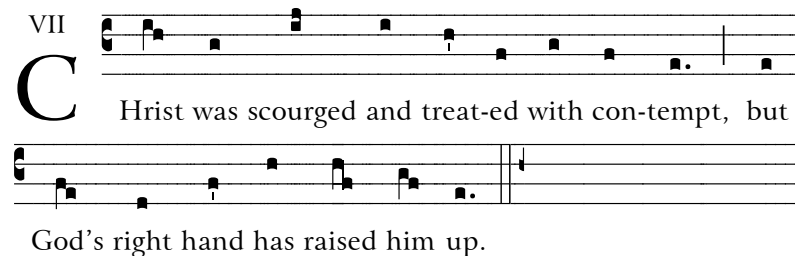
as at Mass, or using the monastic tone:

O Ur Fa-ther, who art in heav-en, hal-low'd be thy
 name. Thy king-dom come. Thy will be done on earth, as
 it is in heav-en. Give us this day our dai-ly bread, and
 for-give us our tres-pass-es, as we for-give those who tres-
 pass a-against us, and lead us not in-to temp-ta-tion, but
 de-liv-er us from e-vil.

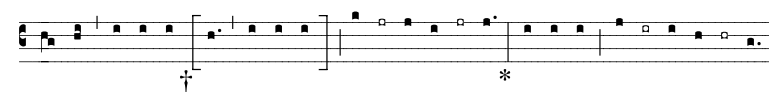


10. Glo-ry to the Fa-ther, and |to the Son, and to the |Ho-ly

Antiphon, Palm Sunday



PSALM 110(109), DIXIT DOMINUS




- 1 The Lord's revelation to my Master:
 |"Sit on my right: *
 your foes I will |put be-neath *your* feet."
- 2 The Lord will wield from Zion your
 |scep-ter of pow'r *
 rule in the |midst of all *your* foes.
- 3 A prince from the day of your birth on the
 |ho-ly moun-tains; *
 from the womb before the dawn |I be-got you.
- 4 The Lord has sworn an oath he will not † change.
 "You are a |priest for ev-er, *
 a priest like Mel-|chi-ze-dek *of* old."
- 5 The Master standing |at your right hand *
 will shatter kings in the |day of *his* great wrath.
- 7 He shall drink from the |stream *by* the way-side *
 and therefore he shall |lift up his head.
- 8 Glory to the |Fa-ther, and to *the* Son, *
 and to the |Ho-ly Spir-it:
- 9 as it was in the be-|gin-ning, is now, *
 and will be for- |ev-er. A-men. *A.*

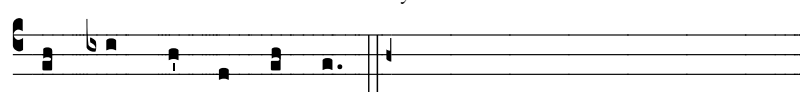
[The vertical line in the text corresponds with the half-bar in the psalm tone; underlined syllables receive two notes; syllables in italics are sung on the auxiliary hollow notes.]

PSALM 2, 1ST AND 5TH SUNDAYS OF LENT

Antiphon, 1st Sunday of Lent


per. 

T His is the time when you can win God's fa- vor, the

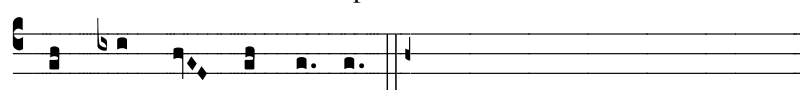


day when you can be saved.

Antiphon, 5th Sunday of Lent

per. 

T He Lord of hosts pro- tects us and sets us free; he

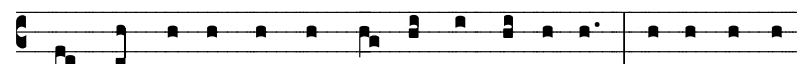


guides and saves his peo-ple.

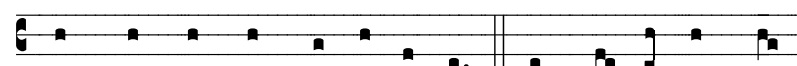
PSALM 114(113), IN EXITU



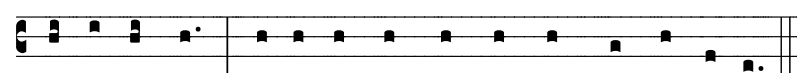
- 1 When Israel | came forth from E-gypt, *
- Jacob's sons from an ali-|en peo-ple,
- 2 Judah be-|came the Lord's tem-ple, *
- Israel became |his king-dom.
- 3 The |sea fled at the sight: *
- the Jordan turned back |on its course,
- 4 --- |the moun-tains leapt *like* rams *
- and the hills |like year-ling sheep.
- 5 Why was |it, sea, that you fled, *
- that you turned back, Jor-|dan, on your course?
- 6 Moun-|tains, that you leapt *like* rams, *
- hills, |like year-ling sheep?



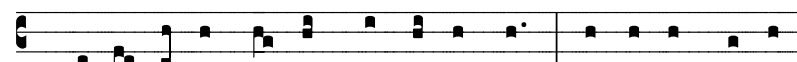
has come to the help of |his ser-vant Is- ra- el for he has re-




mem-bered his prom-|ise of mer-cy, 9. the prom-ise he |made



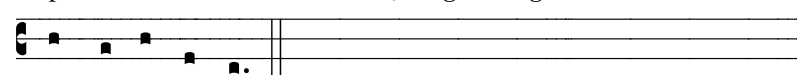
to our fa-thers, to A-bra-ham and his chil-|dren for ev-er.



10. Glo-ry to the |Fa-ther, and to the Son, and to the |Ho-ly



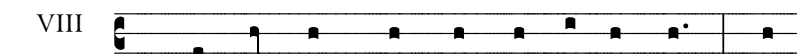
Spir-it: 11. as it was in the |be- gin-ning, is now, and will be



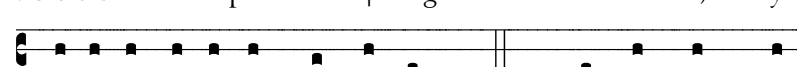
for-|ev- er. A-men. *A.*

Magnificat, Simple Tone

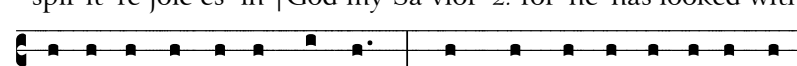
Luke 1: 46-55

VIII 

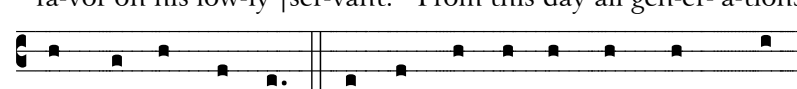
M Y soul pro-claims |the great-ness of the Lord, * my



spir-it re-joic-es in |God my Sa-vior 2. for he has looked with



fa-vor on his low-ly |ser-vant. From this day all gen-er- a-tions



will |call me bless-ed: 3. the Al-might-y has done great |things

Magnificat, Solemn Tone

Luke 1: 46–55


VIII
MY soul pro-claims | the great-ness of the Lord, * my
 spir-it re-joic-es in | God my Sa-vior 2. for he has looked with
 fa-vor on | his low-ly ser-vant. From this day all gen-er-a-
 tions will | call me bless-ed: 3. the Al-might-y | has done great
 things for me, and | ho-ly is his Name. 4. He has mer-cy | on
 those who fear him in eve-ry | gen-er-a-tion. 5. He has shown
 | the strength of his arm, he has scat-tered the | proud in their
 con-ceit. 6. He has cast down | the might-y from their thrones,
 and has lift-ed | up the low-ly. 7. He has filled the | hun-gry with
 good things, and the rich he has sent | a-way emp-ty. 8. He

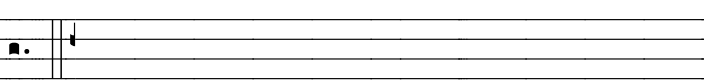
(Psalm 114 cont.)

- 7 Tremble, | O earth, be-fore *the* Lord, *
 in the presence of the God | of Jacob,
 8 who turns | the rock in-to a pool *
 and flint into a spring | of water.
 9 Glory to | the Fa-ther, and to *the* Son, *
 and to the Ho-ly Spir-it:
 10 as it was in the | be-gin-ning, is now, *
 and will be forev-|er. Amen. *A.*

PSALM 2, 2ND SUNDAY OF LENT AND PALM SUNDAY


Antiphon, 2nd Sunday of Lent

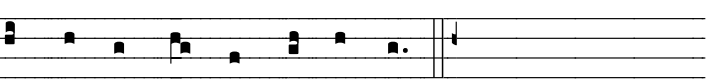
per. 

WE wor-ship the one true God who made heav-en


and earth.

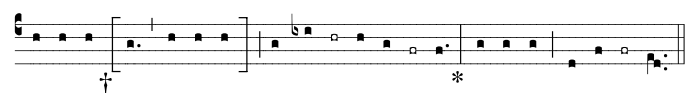
Antiphon, Palm Sunday

per. 

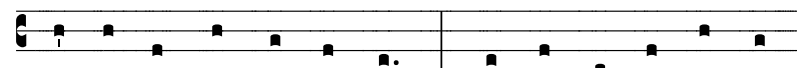
THe blood of Christ wash-es a-way our sins and makes


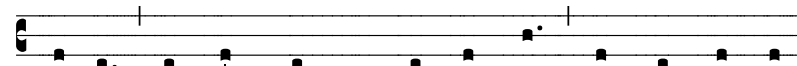
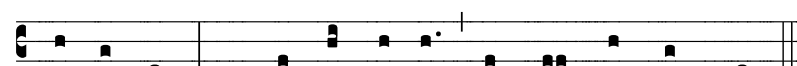
us worth-y to serve the liv-ing God.

PSALM 115(113B), NON NOBIS DOMINE

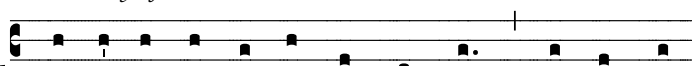


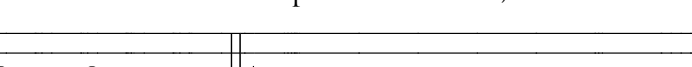
- 1 - - - Not |to us, Lord, not *to* us, *
 but to your name give |the glo-ry
 2 for the sake of |your love and your truth, *
 lest the heathen say: "Where |is their God?"
- 3 But our God |is in the heav-ens; *
 he does whatev-|er he wills.
 4 Their idols |are sil-ver and gold, *
 the work |of hu-man hands.
 5 They have |mouths but they can-*not* speak; *
 they have eyes but |they can-*not* see;
 6 they have |ears but they can-*not* hear; *
 they have nostrils but |they can-*not* smell.



eve-ry-thing I have is yours. But we had to feast and

 re-joyce, be-cause your broth-er was dead and has come to

 life a- gain; he was lost to us and now has been found.

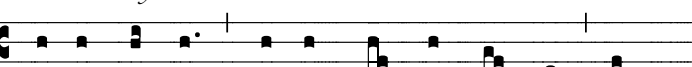
Antiphon, 5th Sunday of Lent

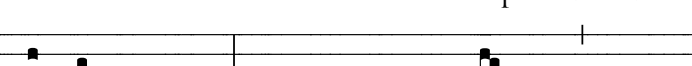
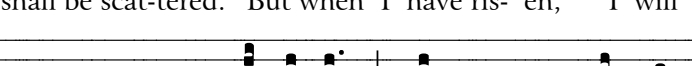
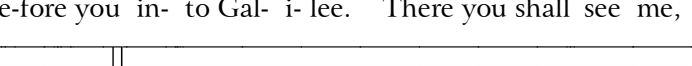
VIII 

WHen I am lift-ed up from the earth, I will draw


all peo-ple to my-self.

Antiphon, Palm Sunday

VIII 

IT is writ-ten: I will strike the shep-herd and his

 flock shall be scat-tered. But when I have ris-en, I will

 go be-fore you in- to Gal- i- lee. There you shall see me,

 says the Lord.

[Canticle next page]

GOSPEL CANTICLE (MAGNIFICAT)

Antiphon, 1st Sunday of Lent

VIII

W Atch o-ver us, e-ter-nal Sa-vior; do not let the

cun-ning temp-ter seize us. We place all our trust in your

un-fail-ing help.

Antiphon, 2nd Sunday of Lent

VIII

T Ell no one a-bout the vi-sion you have seen un-til

the Son of Man has ris-en from the dead.

Antiphon, 3rd Sunday of Lent

VIII

W Ho-ev-er drinks the wa-ter that I shall give will

nev-er be thirst-y a-gain, says the Lord.

Antiphon, 4th Sunday of Lent

VIII

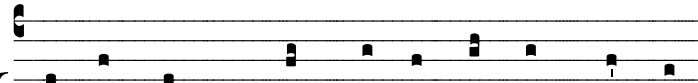
M Y son, you have been with me all the time and

(Psalm 115 cont.)

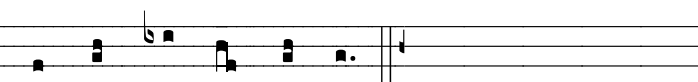
- 7 With their hands they cannot † feel;
with |their feet they can-not walk. *
- No sound comes |from their throats.
- 8 Their makers will |come to be like them
and so will all |who trust in them.
- 9 Sons of Isra-|el, trust in the Lord; *
he is their help |and their shield.
- 10 Sons of Aa-|ron, trust in the Lord; *
he is their help |and their shield.
- 11 You who fear |him, trust in the Lord; *
he is their help |and their shield.
- 12 He remembers us, and he will bless † us;
he will bless |the sons of Is-ra-el. *
- He will bless the sons |of Aa-ron.
- 13 The Lord will |bless those who fear him, *
the little no less |than the great:
- 14 to you may |the Lord grant in-crease, *
to you and all |your chil-dren.
- 15 May you |be bless'd by the Lord, *
the maker of heav-|en and earth.
- 16 The heavens |be-long to the Lord *
but the earth he has giv-|en to men.
- 17 The |dead shall not praise the Lord, *
nor those who go down into |the si-lence.
- 18 But we |who live bless the Lord *
now and for e-|ver. A-men.
- 19 Glory to |the Fa-ther, and to the Son, *
and to the Ho-|ly Spir-it:
- 20 as it was in the |be-gin-ning, is now, *
and will be forev-|er. A-men. *Ar.*

PSALM 2, 3RD SUNDAY OF LENT

Antiphon, 3rd Sunday of Lent

per. 

WE have been re-deem'd by the pre-cious blood of

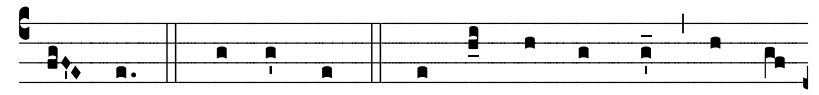


Christ, the lamb with-out blem-ish.

PSALM 111(110), CONFITEBOR



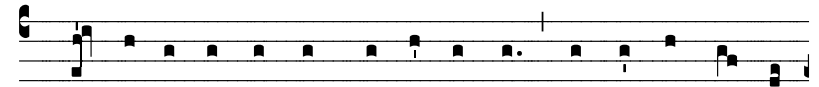
- 1 I will thank |the Lord with all *my* heart *
in the meeting of the just and their |as-sem-bly.
- 2 Great are |the works of the Lord; *
to be pondered by all |who love them.
- 3 Majestic |and glo-rious his work, *
his justice stands firm |for ev-er.
- 4 He makes us re-|mem-ber his won-ders. *
The Lord is compas-|sion and love.
- 5 He gives food |to those who fear him; *
keeps his covenant ev-|er in mind.
- 6 He has shown |his might *to* his peo-ple
by giving them the lands of |the na-tions.
- 7 His works |are jus-tice and truth: *
his precepts are all |of them sure,
- 8 standing firm for |ev-er and ev-er:
they are made in upright-|ness and truth.
- 9 He has sent deliverance to his peo-[†]ple
and established his cov-|e-nant for ev-er. *
Holy his name, |to be feared.



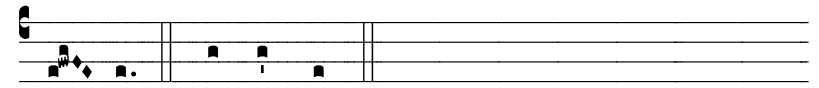
praise you. R. We wor-ship. V. Be-cause by your cross you have



re-deemed the world. R. We wor-ship you, and we praise you.



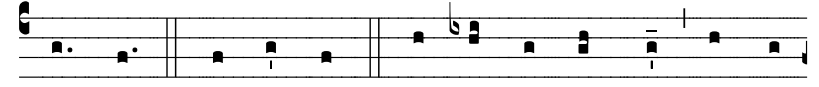
V. Glo- ry to the Fa-ther, and to the Son, and to the Ho- ly



Spir- it. R. We wor-ship.

or, more simply:


VI 

WE wor-ship you, O Christ; we wor-ship you, and we


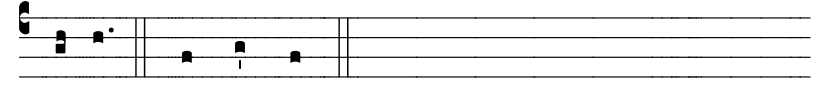
praise you. R. We wor-ship. V. Be-cause by your cross you have



re-deemed the world. R. We wor-ship you, and we praise you.



V. Glo- ry to the Fa-ther, and to the Son, and to the Ho- ly



Spir- it. R. We wor-ship.

or, more simply:

VI

L Is-ten to us, O Lord, and have mer-cy, for we have

sinned a- gainst you. R. Lis-ten. V. Christ Je- sus, hear our

hum-ble pe- ti-tions. R. For we have sinned a-against you.

V. Glo- ry to the Fa-ther, and to the Son, and to the Ho- ly

Spir- it. R. Lis-ten.

READING AND RESPONSORY
5TH SUNDAY OF LENT AND PALM SUNDAY

Acts 13: 26–30

My brothers, it was to us that this message of salvation was sent forth. The inhabitants of Jerusalem and their rulers failed to recognize him, and in condemning him they fulfilled the words of the prophets which we read sabbath after sabbath. Even though they found no charge against him which deserved death, they begged Pilate to have him executed. Once they had thus brought about all that had been written of him, they took him down from the tree and laid him in a tomb. Yet God raised him from the dead.

Responsory for the 5th Sunday of Lent: see p. 17 (Listen to us, O Lord)

IV

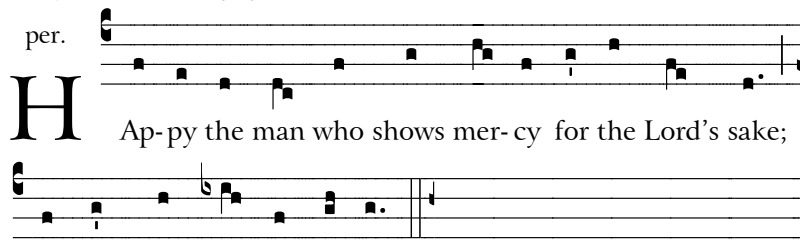
WE wor-ship you, O Christ; we wor-ship you, and we

(Psalm 111 cont.)

- 10 To fear the Lord is the first stage of wis-[†]dom;
all who do |so prove them-selves wise. *
His praise shall last |for ev-er!
- 11 Glory to |the Fa-*ther*, and to *the* Son, *
and to the Ho-|ly Spir-it:
- 12 as it was in the |be-gin-ning, is now, *
and will be forev-|er. A-men. A.

PSALM 2, 4TH SUNDAY OF LENT

Antiphon, 4th Sunday of Lent



he will stand firm for ev-er.

PSALM 112(111), BEATUS VIR

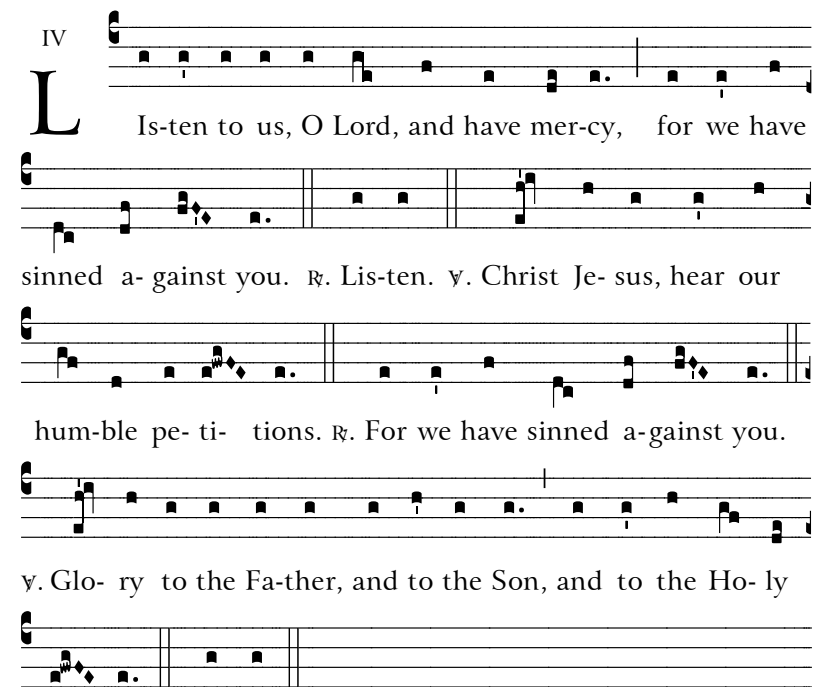


- 1 Hap- py | the man who fears *the* Lord, *
who takes delight in all | his com-mands.
- 2 His sons will | be pow-er-ful *on* earth; *
the children of the up-|right are bles's'd.
- 3 Riches | and wealth are in *his* house; *
his justice stands firm | for ev-er.
- 4 He is a light in the dark-|ness for the up-right: *
he is generous, mer-|ci-ful *and* just.
- 5 The good man | takes pit-y and lends, *
he conducts his affairs | with hon-or.
- 6 The just man | will nev-er wa-ver: *
he will be remembered | for ev-er.
- 7 He has | no fear of e-*vil* news; *
with a firm heart he trusts | in the Lord.
- 8 With a stead-|fast heart he will *not* fear; *
he will see the down-|fall of *his* foes.
- 9 Open-handed, he gives to the † poor;
his justice | stands firm for ev-er. *
His head will be raised | in glo-ry.

READING AND RESPONSORY
1ST-4TH SUNDAYS OF LENT

1 Corinthians 9: 24-27

While all the runners in the stadium take part in the race, the award goes to one man. In that case, run so as to win! Athletes deny themselves all sorts of things. They do this to win a crown of leaves that withers, but we a crown that is imperishable. I do not run like a man who loses sight of the finish line. I do not fight as if I were shadowboxing. What I do is discipline my own body and master it, for fear that after having preached to others, I myself should be rejected.



Spir- it. R. Lis-ten.

CANTICLE: 1 PETER 2: 21-24



- 1 Christ suf-fered for † you,
and left you |an ex-am-ple *
to have you follow |in his foot-steps.
- 2 He did no † wrong;
no deceit was |found in his mouth. *
When he was insulted, he re-|turned no in-sult.
- 3 When he was |made to suf-fer, *
he did not |coun-ter with threats.
- 4 Instead he de-|liv-ered him-self up *
to the One who |judg-es just-ly.
- 5 In |his own bod-y *
he brought your |sins to the cross,
- 6 so that all of us, dead to † sin,
could live in ac-|cord with God's will. *
By his |wounds you were healed.
- 7 Glory to the |Fa-ther, and to the Son, *
and to the |Ho-ly Spir-it:
- 8 as it was in the be-|gin-ning, is now, *
and will be for-|ev-er. A-men. A.

(Psalm 112 cont.)

- 10 The wicked man sees and is an-† gry,
grinds |his teeth and fades a-way; *
the desire of the wick-|ed leads to doom.
- 11 Glory to |the Fa-ther, and to the Son, *
and to the Ho-|ly Spir-it:
- 12 as it was in the |be-gin-ning, is now, *
and will be forev-|er. A-men. A.

NEW TESTAMENT CANTICLE

Antiphon, 1st Sunday of Lent

I
Now we must go up to Je-ru-sa-lem where all that has
 been writ-ten a-bout the Son of Man will be ful-filled.

Antiphon, 2nd Sunday of Lent

I
God did not spare his own Son but gave him up
 for us all.

Antiphon, 3rd Sunday of Lent

I
Ours were the suf-ferings he bore; ours the tor-ments
 he en-dured.

Antiphon, 4th Sunday of Lent

I
Those things, which God fore-told through his proph-ets
 con-cern-ing the suf-ferings that Christ would en-dure, have

been ful-filled.

Antiphon, 5th Sunday of Lent

I
HE was pierced for our of-fens-es and bur-dened with
 our sins. By his wounds we are healed.

Antiphon, Palm Sunday

I
Christ bore our sins in his own bod-y on the cross so
 that we might die to sin and be a-live to all that is good.

[Canticle next page]