

('The LORD's are) the earth/and its fullness; the world and those/who dwell **in it**. For he founded it/upon the seas and established it u/pon the **rivers**. R.<sup>ounce</sup>.

Who can ascend the moun/tain of the LORD? or who may stand in/his ho**ly place**? He whose hands are sinless,/whose heart is clean, who desires/not what **is vain.** R.

He shall receive a bles/sing from the LORD, a reward from/God his **savior**. Such is the race/that seeks for him, that seeks the face of the/God of **Jacob**. R.



and I will give you/rest, says the Lord.