


Tenebrae - Holy Saturday


MATINS 3rd Nocturne

1st Antiphon:




God is my help - er, and the Lord is the pro - tec - tor of my soul.
De - us ad - ju - vat me, et Do - mi - nus su - scip - tor est a - ni - mae me - ae.

3 Psalm 53



1. O God, save me by your náme; * []
2. O Gód, héar my práyer; * []
3. For próud men have rísen agáinst me, + rúthless men séek my lífe. *
4. But I have Gód for my hélp. * []
5. I will sácrifice to yóu with wil - ling héart *
6. for you have réscued me from áll my dis - - tréss * []



1. by your pów - - - er up - hólđ my cáuse.
2. lísten to the wórds of my móuth.
3. They háve no re - gárd for Gód.
4. The Lórd up - hólđs my lífe.
5. and práise your náme for it is góod:
6. and my éyes have seen the dówn - fall of my fóes.

Repeat Antiphon 1.