

| <i>Sunday</i> | <i>Pr</i> | <i>2010 Missal</i> |
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| Advent 1 | I | To you, I lift up my soul, O my God. In you, I have trusted; let me not be put to shame. Nor let my enemies exult over me; and let none who hope in you be put to shame. |
| | C | The Lord will bestow his bounty, and our earth shall yield its increase. |
| Advent 2 | I | O people of Sion, behold, the Lord will come to save the nations, and the Lord will make the glory of his voice heard in the joy of your heart. |
| | C | Jerusalem, arise and stand upon the heights, and behold the joy which comes to you from God. |
| Advent 3 | I | Rejoice in the Lord always; again I say, rejoice. Indeed, the Lord is near. |
| | C | Say to the faint of heart: Be strong and do not fear. Behold, our God will come, and he will save us. |
| Advent 4 | I | Drop down dew from above, you heavens, and let the clouds rain down the Just One; let the earth be opened and bring forth a Savior. |
| | C | Behold, a Virgin shall conceive and bear a son; and his name will be called Emmanuel. |
| Christmas Vigil | I | Today you will know that the Lord will come, and he will save us, and in the morning you will see his glory. |
| | C | The glory of the Lord will be revealed, and all flesh will see the salvation of our God. |
| Christmas Midnight | I | The Lord said to me: You are my Son. It is I who have begotten you this day. |
| | Ia | Let us all rejoice in the Lord, for our Savior has been born in the world. Today true peace has come down to us from heaven. |
| | C | The Word became flesh, and we have seen his glory. |
| Christmas Dawn | I | Today a light will shine upon us, for the Lord is born for us; and he will be called Wondrous God, Prince of peace, Father of future ages: and his reign will be without end. |
| | C | Rejoice, O Daughter Sion; lift up praise, Daughter Jerusalem: Behold, your King will come, the Holy One and Savior of the world. |
| Christmas Day | I | A child is born for us, and a son is given to us; his scepter of power rests upon his shoulder, and his name will be called Messenger of great counsel. |
| | C | All the ends of the earth have seen the salvation of our God. |
| Holy Family | I | The shepherds went in haste, and found Mary and Joseph and the Infant lying in a manger. |
| | C | Our God has appeared on the earth, and lived among us. |
| Jan. 1 BVM | I | Hail, Holy Mother, who gave birth to the King, who rules heaven and earth for ever. |
| | Ia | Today a light will shine upon us, for the Lord is born for us; and he will be called Wondrous God, Prince of peace, Father of future ages: and his reign will be without end. |
| | C | Jesus Christ is the same yesterday, today, and for ever. |
| Christmas 2 | I | When a profound silence covered all things and night was in the middle of its course, your all-powerful Word, O Lord, bounded from heaven's royal throne. |
| | C | To all who would accept him, he gave the power to become children of God. |
| Epiphany, Vigil | I | Arise, Jerusalem, and look to the East and see your children gathered from the rising to the setting of the sun. |
| | C | The brightness of God illumined the holy city Jerusalem, and the nations will walk by its light. |

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| Epiphany, Day | I | Behold, the Lord, the Mighty One, has come; and kingship is in his grasp, and power and dominion. |
| | C | We have seen his star in the East, and have come with gifts to adore the Lord. |
| Baptism | I | After the Lord was baptized, the heavens were opened, and the Spirit descended upon him like a dove, and the voice of the Father thundered: This is my beloved Son, with whom I am well pleased. |
| | C | Behold the One of whom John said: I have seen and testified that this is the Son of God. |
| Ash Wednesday | I | You are merciful to all, O Lord, and despise nothing that you have made. You overlook people's sins, to bring them to repentance, and you spare them, for you are the Lord our God. |
| | C | He who ponders the law of the Lord day and night will yield fruit in due season. |
| Lent 1 | I | When he calls on me, I will answer him; I will deliver him and give him glory, I will grant him length of days. |
| | C | One does not live by bread alone, but by every word that comes forth from the mouth of God. |
| | Ca | The Lord will conceal you with his pinions, and under his wings you will trust. |
| Lent 2 | I | Of you my heart has spoken, Seek his face. It is your face, O Lord, that I seek; hide not your face from me. |
| | Ia | Remember your compassion, O Lord, and your merciful love, for they are from of old. Let not our enemies exult over us. Redeem us, O God of Israel, from all our distress. |
| | C | This is my beloved Son, with whom I am well pleased; listen to him. |
| Lent 3 | I | My eyes are always on the Lord, for he rescues my feet from the snare. Turn to me and have mercy on me, for I am alone and poor. |
| | Ia | When I prove my holiness among you, I will gather you from all the foreign lands; and I will pour clean water upon you and cleanse you from all your impurities, and I will give you a new spirit, says the Lord. |
| | C | For anyone who drinks it, says the Lord, the water I shall give will become in him a spring welling up to eternal life. |
| | Ca | The sparrow finds a home, and the swallow a nest for her young: by your altars, O Lord of hosts, my King and my God. Blessed are they who dwell in your house, for ever singing your praise. |
| Lent 4 | I | Rejoice, Jerusalem, and all who love her. Be joyful, all who were in mourning; exult and be satisfied at her consoling breast. |
| | C | The Lord anointed my eyes: I went, I washed, I saw and I believed in God. |
| | Ca | You must rejoice, my son, for your brother was dead and has come to life; he was lost and is found. |
| | Cb | Jerusalem is built as a city bonded as one together. It is there that the tribes go up, the tribes of the Lord, to praise the name of the Lord. |

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| Lent 5 | I | Give me justice, O God, and plead my cause against a nation that is faithless. From the deceitful and cunning rescue me, for you, O God, are my strength. |
| | C | Everyone who lives and believes in me will not die for ever, says the Lord. |
| | Ca | Has no one condemned you, woman? No one, Lord. Neither shall I condemn you. From now on, sin no more. |
| | Cb | Amen, Amen I say to you: Unless a grain of wheat falls to the ground and dies, it remains a single grain. But if it dies, it bears much fruit. |
| Palm Sunday | C | Father, if this chalice cannot pass without my drinking it, your will be done. |
| Holy Thursday | I | We should glory in the Cross of our Lord Jesus Christ, in whom is our salvation, life and resurrection, through whom we are saved and delivered. |
| | C | This is the Body that will be given up for you; this is the Chalice of the new covenant in my Blood, says the Lord; do this, whenever you receive it, in memory of me. |
| Easter Vigil | C | Christ our Passover has been sacrificed; therefore let us keep the feast with the unleavened bread of purity and truth, alleluia. |
| Easter Day | I | I have risen, and I am with you still, alleluia. You have laid your hand upon me, alleluia. Too wonderful for me, this knowledge, alleluia, alleluia. |
| | Ia | The Lord is truly risen, alleluia. To him be glory and power for all the ages of eternity, alleluia, alleluia. |
| | C | Christ our Passover has been sacrificed, alleluia; therefore let us keep the feast with the unleavened bread of purity and truth, alleluia, alleluia. |
| Easter 2 | I | Like newborn infants, you must long for the pure, spiritual milk, that in him you may grow to salvation, alleluia. |
| | Ia | Receive the joy of your glory, giving thanks to God, who has called you into the heavenly kingdom, alleluia. |
| | C | Bring your hand and feel the place of the nails, and do not be unbelieving but believing, alleluia. |
| Easter 3 | I | Cry out with joy to God, all the earth; O sing to the glory of his name. O render him glorious praise, alleluia. |
| | C | The disciples recognized the Lord Jesus in the breaking of the bread, alleluia. |
| | Ca | The Christ had to suffer and on the third day rise from the dead; in his name repentance and remission of sins must be preached to all the nations, alleluia. |
| | Cb | Jesus said to his disciples: Come and eat. And he took bread and gave it to them, alleluia. |
| Easter 4 | I | The merciful love of the Lord fills the earth; by the word of the Lord the heavens were made, alleluia. |
| | C | The Good Shepherd has risen, who laid down his life for his sheep and willingly died for his flock, alleluia. |
| Easter 5 | I | O sing a new song to the Lord, for he has worked wonders; in the sight of the nations he has shown his deliverance, alleluia. |
| | C | I am the true vine and you are the branches, says the Lord. Whoever remains in me, and I in him, bears fruit in plenty, alleluia. |

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| Easter 6 | I | Proclaim a joyful sound and let it be heard; proclaim to the ends of the earth: The Lord has freed his people, alleluia. |
| | C | If you love me, keep my commandments, says the Lord, and I will ask the Father and he will send you another Paraclete, to abide with you for ever, alleluia. |
| Ascension | I | Men of Galilee, why gaze in wonder at the heavens? This Jesus whom you saw ascending into heaven will return as you saw him go, alleluia. |
| | C | Behold, I am with you always, even to the end of the age, alleluia. |
| Easter 7 | I | O Lord, hear my voice, for I have called to you; of you my heart has spoken: Seek his face; hide not your face from me, alleluia. |
| | C | Father, I pray that they may be one as we also are one, alleluia. |
| Pentecost Vigil | I | The love of God has been poured into our hearts through the Spirit of God dwelling within us, alleluia. |
| | C | On the last day of the festival, Jesus stood and cried out: If anyone is thirsty, let him come to me and drink, alleluia. |
| Pentecost | I | The Spirit of the Lord has filled the whole world and that which contains all things understands what is said, alleluia. |
| | Ia | The love of God has been poured into our hearts through the Spirit of God dwelling within us, alleluia. |
| | C | They were all filled with the Holy Spirit and spoke of the marvels of God, alleluia. |
| Sun 1 | I | Upon a lofty throne, I saw a man seated, whom a host of angels adore, singing in unison: Behold him, the name of whose empire is eternal. |
| | C | With you, O Lord, is the fountain of life, and in your light we see light. |
| | Ca | I have come that they may have life, and have it more abundantly, says the Lord. |
| Sun 2 | I | All the earth shall bow down before you, O God, and shall sing to you, shall sing to your name, O Most High! |
| | C | You have prepared a table before me, and how precious is the chalice that quenches my thirst. |
| | Ca | We have come to know and to believe in the love that God has for us. |
| Sun 3 | I | O sing a new song to the Lord; sing to the Lord, all the earth. In his presence are majesty and splendor, strength and honor in his holy place. |
| | C | Look toward the Lord and be radiant; let your faces not be abashed. |
| | Ca | I am the light of the world, says the Lord; whoever follows me will not walk in darkness, but will have the light of life. |
| Sun 4 | I | Save us, O Lord our God! And gather us from the nations, to give thanks to your holy name, and make it our glory to praise you. |
| | C | Let your face shine on your servant. Save me in your merciful love. O Lord, let me never be put to shame, for I call on you. |
| | Ca | Blessed are the poor in spirit, for theirs is the kingdom of heaven. Blessed are the meek, for they shall possess the land. |
| Sun 5 | I | O come, let us worship God and bow low before the God who made us, for he is the Lord our God. |
| | C | Let them thank the Lord for his mercy, his wonders for the children of men, for he satisfies the thirsty soul, and the hungry he fills with good things. |
| | Ca | Blessed are those who mourn, for they shall be consoled. Blessed are those who hunger and thirst for righteousness, for they shall have their fill. |

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| Sun 6 | I | Be my protector, O God, a mighty stronghold to save me. For you are my rock, my stronghold! Lead me, guide me, for the sake of your name. |
| | C | They ate and had their fill, and what they craved the Lord gave them; they were not disappointed in what they craved. |
| | Ca | God so loved the world that he gave his Only Begotten Son, so that all who believe in him may not perish, but may have eternal life. |
| Sun 7 | I | O Lord, I trust in your merciful love. My heart will rejoice in your salvation. I will sing to the Lord who has been bountiful with me. |
| | C | I will recount all your wonders, I will rejoice in you and be glad, and sing psalms to your name, O Most High. |
| | Ca | Lord, I have come to believe that you are the Christ, the Son of the living God, who is coming into this world. |
| Sun 8 | I | The Lord became my protector. He brought me out to a place of freedom; he saved me because he delighted in me. |
| | C | I will sing to the Lord who has been bountiful with me, sing psalms to the name of the Lord Most High. |
| | Ca | Behold, I am with you always, even to the end of the age, says the Lord. |
| Sun 9 | I | Turn to me and have mercy on me, O Lord, for I am alone and poor. See my lowliness and suffering and take away all my sins, my God. |
| | C | To you I call, for you will surely heed me, O God; turn your ear to me; hear my words. |
| | Ca | Amen, I say to you: Whatever you ask for in prayer, believe you will receive it, and it will be yours, says the Lord. |
| Sun 10 | I | The Lord is my light and my salvation; whom shall I fear? The Lord is the stronghold of my life; whom should I dread? When those who do evil draw near, they stumble and fall. |
| | C | The Lord is my rock, my fortress, and my deliverer; my God is my saving strength. |
| | Ca | God is love, and whoever abides in love abides in God, and God in him. |
| Sun 11 | I | O Lord, hear my voice, for I have called to you; be my help. Do not abandon or forsake me, O God, my Savior! |
| | C | There is one thing I ask of the Lord, only this do I seek: to live in the house of the Lord all the days of my life. |
| | Ca | Holy Father, keep in your name those you have given me, that they may be one as we are one, says the Lord. |
| Sun 12 | I | The Lord is the strength of his people, a saving refuge for the one he has anointed. Save your people, Lord, and bless your heritage, and govern them for ever. |
| | C | The eyes of all look to you, Lord, and you give them their food in due season. |
| | Ca | I am the Good Shepherd, and I lay down my life for my sheep, says the Lord. |
| Sun 13 | I | All peoples, clap your hands. Cry to God with shouts of joy! |
| | C | Bless the Lord, O my soul, and all within me, his holy name. |
| | Ca | O Father, I pray for them, that they may be one in us, that the world may believe that you have sent me, says the Lord. |
| Sun 14 | I | Your merciful love, O God, we have received in the midst of your temple. Your praise, O God, like your name, reaches the ends of the earth; your right hand is filled with saving justice. |

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| | C | Taste and see that the Lord is good; blessed the man who seeks refuge in him. |
| | Ca | Come to me, all who labor and are burdened, and I will refresh you, says the Lord. |
| Sun 15 | I | As for me, in justice I shall behold your face; I shall be filled with the vision of your glory. |
| | C | The sparrow finds a home, and the swallow a nest for her young: by your altars, O Lord of hosts, my King and my God. Blessed are they who dwell in your house, for ever singing your praise. |
| | Ca | Whoever eats my flesh and drinks my blood remains in me and I in him, says the Lord. |
| Sun 16 | I | See, I have God for my help. The Lord sustains my soul. I will sacrifice to you with willing heart, and praise your name, O Lord, for it is good. |
| | C | The Lord, the gracious, the merciful, has made a memorial of his wonders; he gives food to those who fear him. |
| | Ca | Behold, I stand at the door and knock, says the Lord. If anyone hears my voice and opens the door to me, I will enter his house and dine with him, and he with me. |
| Sun 17 | I | God is in his holy place, God who unites those who dwell in his house; he himself gives might and strength to his people. |
| | C | Bless the Lord, O my soul, and never forget all his benefits. |
| | Ca | Blessed are the merciful, for they shall receive mercy. Blessed are the clean of heart, for they shall see God. |
| Sun 18 | I | O God, come to my assistance; O Lord, make haste to help me! You are my rescuer, my help; O Lord, do not delay. |
| | C | You have given us, O Lord, bread from heaven, endowed with all delights and sweetness in every taste. |
| | Ca | I am the bread of life, says the Lord; whoever comes to me will not hunger and whoever believes in me will not thirst. |
| Sun 19 | I | Look to your covenant, O Lord, and forget not the life of your poor ones for ever. Arise, O God, and defend your cause, and forget not the cries of those who seek you. |
| | C | O Jerusalem, glorify the Lord, who gives you your fill of finest wheat. |
| | Ca | The bread that I will give, says the Lord, is my flesh for the life of the world. |
| Sun 20 | I | Turn your eyes, O God, our shield; and look on the face of your anointed one; one day within your courts is better than a thousand elsewhere. |
| | C | With the Lord there is mercy; in him is plentiful redemption. |
| | Ca | I am the living bread that came down from heaven, says the Lord. Whoever eats of this bread will live for ever. |
| Sun 21 | I | Turn your ear, O Lord, and answer me; save the servant who trusts in you, my God. Have mercy on me, O Lord, for I cry to you all the day long. |
| | C | The earth is replete with the fruits of your work, O Lord; you bring forth bread from the earth and wine to cheer the heart. |
| | Ca | Whoever eats my flesh and drinks my blood has eternal life, says the Lord, and I will raise him up on the last day. |

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| Sun 22 | I | Have mercy on me, O Lord, for I cry to you all the day long. O Lord, you are good and forgiving, full of mercy to all who call to you. |
| | C | How great is the goodness, Lord, that you keep for those who fear you. |
| | Ca | Blessed are the peacemakers, for they shall be called children of God. Blessed are they who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven. |
| Sun 23 | I | You are just, O Lord, and your judgment is right; treat your servant in accord with your merciful love. |
| | C | Like the deer that yearns for running streams, so my soul is yearning for you, my God; my soul is thirsting for God, the living God. |
| | Ca | I am the light of the world, says the Lord; whoever follows me will not walk in darkness, but will have the light of life. |
| Sun 24 | I | Give peace, O Lord, to those who wait for you, that your prophets be found true. Hear the prayers of your servant, and of your people Israel. |
| | C | How precious is your mercy, O God! The children of men seek shelter in the shadow of your wings. |
| | Ca | The chalice of blessing that we bless is a communion in the Blood of Christ; and the bread that we break is a sharing in the Body of the Lord. |
| Sun 25 | I | I am the salvation of the people, says the Lord. Should they cry to me in any distress, I will hear them, and I will be their Lord for ever. |
| | C | You have laid down your precepts to be carefully kept; may my ways be firm in keeping your statutes. |
| | Ca | I am the Good Shepherd, says the Lord; I know my sheep, and mine know me. |
| Sun 26 | I | All that you have done to us, O Lord, you have done with true judgment, for we have sinned against you and not obeyed your commandments. But give glory to your name and deal with us according to the bounty of your mercy. |
| | C | Remember your word to your servant, O Lord, by which you have given me hope. This is my comfort when I am brought low. |
| | Ca | By this we came to know the love of God: that Christ laid down his life for us; so we ought to lay down our lives for one another. |
| Sun 27 | I | Within your will, O Lord, all things are established, and there is none that can resist your will. For you have made all things, the heaven and the earth, and all that is held within the circle of heaven; you are the Lord of all. |
| | C | The Lord is good to those who hope in him, to the soul that seeks him. |
| | Ca | Though many, we are one bread, one body, for we all partake of the one Bread and one Chalice. |
| Sun 28 | I | If you, O Lord, should mark iniquities, Lord, who could stand? But with you is found forgiveness, O God of Israel. |
| | C | The rich suffer want and go hungry, but those who seek the Lord lack no blessing. |
| | Ca | When the Lord appears, we shall be like him, for we shall see him as he is. |
| Sun 29 | I | To you I call; for you will surely heed me, O God; turn your ear to me; hear my words. Guard me as the apple of your eye; in the shadow of your wings protect me. |
| | C | Behold, the eyes of the Lord are on those who fear him, who hope in his merciful love, to rescue their souls from death, to keep them alive in famine. |
| | Ca | The Son of Man has come to give his life as a ransom for many. |

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| Sun 30 | I | Let the hearts that seek the Lord rejoice; turn to the Lord and his strength; constantly seek his face. |
| | C | We will ring out our joy at your saving help and exult in the name of our God. |
| | Ca | Christ loved us and gave himself up for us, as a fragrant offering to God. |
| Sun 31 | I | Forsake me not, O Lord, my God; be not far from me! Make haste and come to my help, O Lord, my strong salvation! |
| | C | You will show me the path of life, the fullness of joy in your presence, O Lord. |
| | Ca | Just as the living Father sent me and I have life because of the Father, so whoever feeds on me shall have life because of me, says the Lord. |
| Sun 32 | I | Let my prayer come into your presence. Incline your ear to my cry for help, O Lord. |
| | C | The Lord is my shepherd; there is nothing I shall want. Fresh and green are the pastures where he gives me repose, near restful waters he leads me. |
| | Ca | The disciples recognized the Lord Jesus in the breaking of bread. |
| Sun 33 | I | The Lord said: I think thoughts of peace and not of affliction. You will call upon me, and I will answer you, and I will lead back your captives from every place. |
| | C | To be near God is my happiness, to place my hope in God the Lord. |
| | Ca | Amen, I say to you, whatever you ask in prayer, believe that you will receive, and it shall be given to you, says the Lord. |
| Sun 34 | I | The Lord speaks of peace to his people and his holy ones and to those who turn to him. |
| | C | O praise the Lord, all you nations, for his merciful love towards us is great. |
| | Ca | Behold, I am with you always, even to the end of the age, says the Lord. |
| Trinity Sunday | I | Blest be God the Father, and the Only Begotten Son of God, and also the Holy Spirit, for he has shown us his merciful love. |
| | C | Since you are children of God, God has sent into your hearts the Spirit of his Son, the Spirit who cries out: Abba, Father. |
| Corpus Christi | I | He fed them with the finest wheat and satisfied them with honey from the rock. |
| | C | Whoever eats my flesh and drinks my blood remains in me and I in him, says the Lord. |
| Sacred Heart | I | The designs of his Heart are from age to age, to rescue their souls from death, and to keep them alive in famine. |
| | C | Thus says the Lord: Let whoever is thirsty come to me and drink. Streams of living water will flow from within the one who believes in me. |
| | Ca | One of the soldiers opened his side with a lance, and at once there came forth blood and water. |
| Christ the King | I | How worthy is the Lamb who was slain, to receive power and divinity, and wisdom and strength and honor. To him belong glory and power for ever and ever. |
| | C | The Lord sits as King for ever. The Lord will bless his people with peace. |