

16th Sunday in Ordinary Time C

Antiphon by Andrew R. Motyka

Ma - ry has cho - sen the best part, which shall nev - er be ta - ken a - way.

The musical score is written for voice and piano. The voice part is in the treble clef with a 6/8 time signature. The piano accompaniment is in the bass clef with a 6/8 time signature. The lyrics are: "Ma - ry has cho - sen the best part, which shall nev - er be ta - ken a - way."

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Mode VIII

Only if 3-4 phrases

Only if 4 phrases

The musical score for Mode VIII is presented in two systems. Each system consists of a vocal line in the treble clef and a piano accompaniment in the bass clef. The first system is marked "Only if 3-4 phrases" and the second system is marked "Only if 4 phrases". The music features long, flowing lines with many ties, characteristic of Gregorian chant.

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Mode VIII



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Psalm 34

1. I will bless the Lord *at* all times;
Praise shall be always in *my* mouth.
My soul will glory *in* the Lord
That the poor may hear me and *be* glad.
 2. Magnify the *Lord* with me;
Let us exalt his name *to*-gether.
I sought the Lord, who *an*-swered me,
Delivered me from all *my* fears.
 3. Look to God that you may be *ra*-diant with joy
And your faces may not blush *for* shame.
In my misfor-*tune* I called,
The Lord heard and saved me from all *dis*-tress.
 4. The angel of the Lord, who *encamps* with them,
Delivers all who *fear* God.
Learn to savor how *good* the Lord is;
Happy are those who take refuge *in* him.
 5. Fear the *Lord*, you holy ones;
Nothing is lacking to those *who* fear him.
The powerful grow *poor* and hungry,
But those who seek the Lord lack no *good* thing.
 6. Come, children, lis-*ten* to me;
I will teach you the fear of *the* Lord.
Who among *you* loves life,
Takes delight in prosper-*ous* days?
 7. Keep your *tongue* from evil,
Your lips from spea-*king* lies.
Turn from evil *and* do good;
Seek peace and *pur*-sue it.
 8. The Lord has eyes *for* the just
And ears *for* *their* cry.
The Lord's face is *ag*-ainst evildoers
To wipe out their memory from *the* earth.
 9. When the just cry out, *the* Lord hears
And rescues them from all *dis*-tress.
The Lord is close to the *bro*-kenhearted,
Saves those whose spirit *is* crushed.
 10. Many are the troubles *of* the just,
But the Lord delivers from *them* all.
God watches over *all* their bones;
Not a one shall *be* broken.
 11. Evil will *slay* the wicked;
Those who hate the just are *con*-demned.
The Lord redeems *lo*-yal servants;
No one is condemned whose refuge *is* God.
- Dox.** Glory to the Father, and to the Son,
and to the *Ho*-ly Spirit,
As it was in the beginning, *is* now,
And will be forever. A-men.

